Program Manual
University of Washington
Training Program in Cardiovascular Disease
Department of Medicine
Division of Cardiology

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UNIVERSITY OF WASHINGTON SCHOOL OF MEDICINE
TRAINING PROGRAM IN CARDIOVASCULAR DISEASE

Overview

The UW Fellowship Training Program in Cardiovascular Disease is an ACGME-accredited program designed to prepare trainees for a career of excellence in Cardiology research and scholarly work, teaching, and patient care. There are eight (8) trainees accepted into the program each year. Application to the training program is made via the ERAS online application system. All positions are filled via the National Residency Match Program. Cardiology trainees are recruited to a standard ACGME fellowship training track. Cardiology trainees begin their fellowship with a core curriculum comprising 2 years of clinical training with rotations in inpatient cardiology, cardiac catheterization, echocardiography, nuclear cardiology, electrophysiology, adult congenital heart disease, heart failure and transplantation, cardiac consultation, critical care cardiology, mechanical circulatory support, and ambulatory cardiovascular care. Year 3 of training allows trainee differentiation into pathways, the Clinician Scholar pathway and the Research Scholar pathway. Research is an integral part of our fellowship training program, with dedicated research time provided in the third ACGME year of training for all pathways. Trainees in the Clinician Scholar pathway complete an integrated 3rd year of advanced clinical and scholarly work, including clinical quality improvement initiatives. Interested trainees may additionally focus on mentored teaching activities with development of curricular materials. Trainees accepted to the Research Scholar pathway complete a 3rd and 4th year of training in research in basic sciences, health services, population science or clinical investigation under the guidance of a research mentor.

Prerequisites

Prerequisites include completion of an ACGME accredited three-year residency in internal medicine from a U.S. based training program, outstanding clinical skills, and demonstration of prior research interest and experience. Because of the critical role that research training plays in the formation of future academic cardiologists, close attention is paid by the fellowship selection committee to applicants' aptitude for and experience in research. All fellows are expected to conduct research during their fellowship training, with presentation and publication of the results of their work.
Fellowship Clinical Training Sites

Fellows rotate through four affiliated University of Washington Hospitals. UW Medicine hospitals and programs consistently rank highly in U.S. News and World Report’s annual “Best Hospitals” issues.

The University of Washington Medical Center (UWMC) is a 450-bed hospital with a 46-bed medical/surgical critical care center. Cardiovascular services at the University of Washington Medical Center include specialized clinical teams in cardiac catheterization, echocardiography, clinical electrophysiology, advanced heart failure and cardiac transplantation, nuclear cardiology, advanced cardiovascular imaging, adult congenital heart disease, and cardiothoracic surgery.

Harborview Medical Center (HMC). HMC is a 413-bed hospital with a 63-bed critical care center owned by King County and managed by the University of Washington. Harborview is a world-renowned Level 1 adult and pediatric trauma center. Cardiovascular services include an active coronary care unit service, cardiology clinics and consultation service, echocardiography, and cardiac catheterization laboratories.
Seattle Veterans Affairs Medical Center (VAMC) has 268 beds with 82 beds assigned to the medical service, including 18 medical intensive care/coronary care unit beds. The cardiology service at the VA Medical Center maintains an active cardiac catheterization laboratory, inpatient and outpatient clinical cardiology, electrocardiography, and echocardiography services.

UW Medical Center Northwest Campus is a full-service community hospital, with 281 beds, located north of Seattle. A full-service community hospital, the cardiology service at NWH offers elective rotation experience in cardiac catheterization, cardiac rehabilitation, and peripheral artery disease management.
Clinical Training

Year 1 and year 2 clinical rotations are scheduled over a consecutive time period (4 week blocks, 13 blocks each year):

**Year 1**
Cardiology A UWMC (general inpatient cardiology wards)
UWMC echocardiography
Harborview inpatient cardiology consultation
Harborview CCU/cardiac catheterization
Harborview echocardiography
VAMC inpatient cardiology consultation
VAMC cardiac catheterization
Intermittent overnight call for specialty consult services, cardiac procedures, inpatient services
Ambulatory continuity clinic

**Year 2**
Cardiology B UWMC (heart failure/transplantation inpatient cardiology wards)
Cardiac intensive care unit
UWMC advanced echocardiography
UWMC electrophysiology
UWMC inpatient cardiology consultation
UWMC nuclear cardiology
UWMC adult congenital heart disease
UWMC cardiac catheterization
Intermittent overnight call for specialty consult services, cardiac procedures, inpatient services
Ambulatory continuity clinic

**Year 3**
Cardiac intensive care unit
UWMC mechanical circulatory support consultation (VAD)
UWMC co-attending general inpatient Cardiology wards
Advanced subspecialty electives
Intermittent overnight call for specialty consult services, cardiac procedures, inpatient services
Ambulatory continuity clinic

**Electives (offered during Year 3 unless otherwise specified)**
Research elective (year 2)
Advanced imaging (intraoperative echo, CT/MRI, advanced echocardiography)
Adult congenital heart disease
Heart failure/MCS
Nuclear Cardiology (advanced training for Nuclear boarding)
Advanced electrophysiology
Advanced cardiac catheterization
Critical care cardiology night float
Clinical quality improvement
Teaching Conferences

1. **Division of Cardiology Grand Rounds** on Fridays from 7:30 to 8:30 AM (September – June). Grand Rounds include at least 1 research conference per month, regular clinical-pathologic correlation conferences, and topics of clinical interest. Each fellow presents at least once with other presentations by Cardiology faculty, faculty from related disciplines, and visiting speakers.

2. **Cardiology Tutorials** on Fridays from 8:30 to 9:30 AM. (All year, with conferences from 7:30 to 9:30 AM during the summer when Grand Rounds are not held.) Cardiology tutorials provide a comprehensive introduction to cardiovascular disease with emphasis on pathophysiology, pathology, pharmacology, diagnostic imaging techniques, and research methods.

3. **Cardiac Multi-Disciplinary Clinical Case Conference**, Wednesday’s, 7:30 to 8:30 AM, weekly, with collaboration of Cardiology, CT-Surgery and Cardiac Anesthesia in these discussions. The cases and background information are presented by the Cardiology Fellows on a rotating schedule.

4. **Journal Club** is a monthly dinner meeting arranged by the Cardiology Fellows. Fellows present recent journal articles of general interest, describing the content of the article and directing a brief discussion of its strengths and weaknesses. All fellows are strongly encouraged to pre-read the selected articles and provide an interactive dialogue on current cardiology topics. Faculty with an interest in the area of the articles are invited to share their perspective and experience.

5. **Fellows’ Research Conference** is held monthly. Fellows present ongoing work in a venue that is relatively informal and interactive. Constructive dialogue and questions are encouraged and suggestions regarding research directions and approaches are solicited. Presentations are forward-looking, including presentation of new hypotheses as well as plans for acquiring grant funding that would allow the hypotheses to be tested. A **Faculty Research Conference** is also presented monthly.

6. Fellows may attend other conferences, such as Cardiovascular Biology Breakfast Club and Medicine Grand Rounds, as their rotations and schedules allow.

7. Subspecialty weekly conferences are also available, in a variety of areas of expertise such as multimodality cardiac imaging, interventional Cardiology, electrophysiology, heart failure and cardiac transplantation, and adult congenital heart disease. Fellows are encouraged to attend as schedules permit.

8. Other lectures/conferences scheduled throughout the year by the Department of Medicine and School of Medicine may be found here: [https://medicine.uw.edu/calendar](https://medicine.uw.edu/calendar)

In addition, fellows are encouraged to attend one national scientific meeting annually. Partial support for travel is provided. Conferences are regularly scheduled including
topics such as: OSHA and radiation safety regulations, continuous quality improvement and risk management.

9. Fellows on VAMC rotations participate in the weekly Friday VAMC Cardiology Conference and fellows on HMC rotations participate in ECG and case conferences at HMC.

10. Fellows are encouraged to attend the Ethics in Medicine lecture series.
Research Training

The University of Washington is one of the largest and most productive research universities in the world. Cardiology fellows have access to a broad spectrum of outstanding research training programs at the University of Washington Medical Center and at affiliated institutions such as Harborview Medical Center, the VA Puget Sound Medical Center, the Fred Hutchinson Cancer Research Center, the Puget Sound Blood Center, the Institute for Systems Biology, and the Northwest Lipid Research Laboratory. Research opportunities are available in laboratory-based, clinical, and population-based research. Many fellows pursue research training under the guidance of a member of the Cardiology Division. However, collaborations with investigators outside of the division are also common. Research is an integral part of the UW Fellowship Training Program in Cardiovascular Disease, with dedicated research time provided in the third ACGME year of training. All fellows are expected to conduct research during their fellowship years and publish the results of their work, preparing trainees for a science-based career and is consistent with the recommendations of the Core Cardiology Training Statement (COCATS 4).

- A meaningful, supervised fellowship research experience with appropriate protected time is provided.
- Fellows are given guidance with regards to the design and interpretation of research studies, responsible use of informed consent, research methodology, and interpretation of data.
- Fellows are advised and supervised by faculty members who are proficient in the design and conduct of research.

Year 1 training

Fellows meet with the Associate Program Director for Research, to define research interests and explore opportunities. Fellows identify a faculty research mentor and begin discussion of potential research projects. Fellows with an interest in the Research Scholar pathway should apply to this program by the end of the first year.

Resources: University of Washington faculty and departmental web sites
- Fellowship program manual and website
- Faculty, including Drs. Rosario Freeman, April Stempien-Otero, Francis Kim, David Dichek

Timeline: July-December: Fellow researches potential projects/mentors, shared areas of interest either clinical or research. In consultation with fellowship directors, fellows select a research planning adviser. Fellows should have a list of possible topics/projects (stand-alone project or part of a larger project carried on by the research mentor). January: Associate Director for Research meets with fellow to help identify research and career goals. A list of potential research mentors is formulated. Meetings with potential mentors scheduled over next few months.
Year 2 training

Fellows are able to schedule a research block elective to initiate work on their research project. By May 1 (preceding start of second year), fellows update their Individualized Development Plan and submit a research proposal with their mentor's commitment to work with them. This proposal should include a summary of the research project, the specific research activities that are planned during the research month, and anticipated scholarly work (paper, chapter, grant application), signed and agreed on by the research mentor.

Year 3 training

Clinician Scholar pathway: Trainees complete an integrated ACGME 3rd year of advanced clinical and scholarly work, including clinical quality improvement. Fellows are provided clinical quality improvement/research blocks during the third year of fellowship training. Scholarly work and clinical research are focused within the area of subspecialty interests. Clinical rotations in this pathway include core rotations in specialized inpatient consultation and critical care. Additionally, advanced clinical subspecialty elective time is provided. Clinician scholar trainees participate as small group educators for the UW Medical School MedSci530 Circulatory Systems course.

Requirements Year 3 Clinician Scholar pathway:

1. Clinical training time during the year 3 fellowship training includes: specialized inpatient consultation and critical care rotations, advanced subspecialty clinical electives, maintenance of a weekly continuity clinic and intermittent overnight call for specialty consult services, cardiac procedures, inpatient services.

2. Individual Development Plan (IDP) initiated in year 1. The IDP is updated and discussed with the program director/faculty at semi-annual and annual evaluation meetings to clarify short and long-term academic and career goals.

3. Fellows have the opportunity to complete a clinical quality improvement project under the mentorship of a faculty member. Fellows will submit a project proposal with the mentor's commitment to work with them which includes a summary of the project, the specific investigative activities that are planned, and anticipated scholarly work (protocol, publication, intervention, meeting submission). Other opportunities include work with Division of Cardiology clinical quality and safety initiatives and programs.

4. During year 2 training, fellows will be provided an option for a clinical research elective to begin their project. Fellows committed to a clinical research project will also assess the need for Human Subjects approval for their projects, design data collection forms, and develop a timeline for data collection and publication prior to completion of fellowship training.

5. Fellows present interim results of clinical research or patient quality safety projects at cardiology conferences, submit clinical case presentations, and, where appropriate, submit abstracts/prepare manuscripts for presentation and publication. Faculty mentor should attend these presentations.

6. Fellows present an in-depth clinical topical review at a UW Cardiology Grand Rounds in the area of their specialty or subspecialty interest.
7. Interested fellows may prepare grant applications to fund clinical research during Year 3 of training. The program director and associate program director must be notified 6 months in advance of this submission. For extramural grant funding applications, such as the ACC or AHA, application to earlier funding cycles (award notification by winter preceding funding period) is mandatory. In the rare case where application to a later funding cycle is needed, (award notification by the spring preceding funding period), fellows are subject to the clinical training schedule adjustment needed to meet the funding requirements of the grant, which may delay the grant start date.

For trainees interested in a Clinician Educator focus, additional activities include:

1. Development of a teaching portfolio
2. Completion of a substantive educational initiative or scholarly project under the mentorship of a faculty member. Submit an education proposal with the mentor's commitment to work with them which includes a summary, specific activities planned, and anticipated work (protocol, materials).

*Research Scholar pathway:* After completion of 2 years of core clinical curricular training, trainees who plan a significant research component in their careers spend a minimum of two years obtaining research experience designed to provide necessary tools in techniques of investigator-initiated clinical, translational and/or bench based basic research. A commitment to research training is required, with development of a detailed research plan coordinated by the trainee, research mentor, program director, and Division Head. A clinical research scholar pathway provides trainees with the appropriate statistical background and expertise in clinical research methodology to succeed as a clinical investigator, utilizing formal coursework through the UW School of Public Health.

Grant writing is an essential component of research career development for fellows aspiring to become independent investigators, and trainees in this pathway are required to apply for grant funding. With the assistance of a faculty led mentoring team, competitive candidates apply for grant funding early during year 2 of training. Extramural funding sources include AHA fellowships and individual NIH F32. Internal funding sources include NIH-sponsored research training grants (T-32) for eligible candidates (US citizens or permanent residents) including the Cardiovascular Research Training Program, the Palliative Care Research Fellowship, and the Genetic Approaches to Aging.

After year 4, fellows who intend to become independent principal investigators in laboratory-based, clinical, or population-based research may need to extend their research training. Research mentors guide fellows whose aptitude and interest for research remain high towards submission of faculty transition grants such as the NIH K08 or K23, and the American Heart Association Scientist Development Grant or Fellow to Faculty Award. NIH KL2 awards, which provides 2 years of faculty-level salary support and a mentored training environment for fellows who wish to develop a career in clinical research are awarded through a competitive process by the Institute of Translational Health Sciences (ITHS).

Requirements *Research Scholar pathway:*

1. Years 3 and 4 are devoted primarily to research under the guidance of a faculty mentor and mentoring committee. Clinical training time during year 3 of fellowship training meets ACGME training requirements, and includes maintenance of a weekly continuity
clinic and intermittent overnight call for specialty consult services, cardiac procedures, inpatient services. During year 3 of training, fellows are responsible for specialized inpatient consultation and critical care rotations, the specifics of which are dependent on stipulations of individual grant awards.

2. Individual Development Plan (IDP) initiated in year 1. The IDP is updated and discussed with the program director/faculty at semi-annual and annual evaluation meetings to clarify short and long-term academic and career goals.

3. Fellows develop a mentoring committee by the end of year 1 and apply for research fellowship grants during a second-year research elective block elective. Current institutional training grants support fellows working in basic and applied cardiovascular biology, imaging, health care outcomes, bioengineering, and epidemiology. External fellowship grant applications are typically submitted to the American Heart Association, the American College of Cardiology, the National Institutes of Health, and other professional societies, private agencies, or corporate foundations. Fellows must meet the training and research time requirements of research awards.

4. Fellows prepare grant applications to fund research beginning in July of Year 3 of training. For extramural grant funding applications, application to earlier funding cycles (award notification by winter preceding funding period) is preferred. In the cases where application to a later funding cycle is needed, (award notification by spring preceding funding period) fellows are subject to the training schedule adjustment needed to meet the salary funding requirements of the grant.

5. Fellows are expected to complete a substantive cardiovascular disease research project.

6. Fellows present interim results of research projects at cardiology research conferences, submit abstracts, and prepare manuscripts for presentation and publication. Faculty mentors are required attend these presentations.

7. Fellows present an in-depth review of their research work at UW Cardiology Grand Rounds

8. Fellows receive training in the scientific and practical “survival skills” that are required for success as an independent investigator. These skills include writing manuscripts and grants, speaking, biomedical ethics, financial management, job finding, and mentorship. Training in these areas is provided by formal courses and by the research mentors on an informal basis. Research Scholars in epidemiologic and population sciences will complete Masters level training in these skills.
Appointments/Stipends/Benefits

Details of the Fellowship Position Agreement for the University of Washington are available at:

https://drive.google.com/file/d/1jL4jneMcGkKcd-6r1LKJEplXYf0uqCR/view

After beginning training, most fellows will be reappointed to successive years of training, but this is not binding upon either the fellow or the Program Director. A fourth year of research training requires application or arrangement with the Research Scholars Program.

In October of 2014, the University of Washington Housestaff Association (UWHA) was certified as the labor union and exclusive bargaining representative for the majority of residents and fellows in the UW School of Medicine (UW SOM) and in the UW School of Dentistry (UW SOD). The UW/UWHA Collective Bargaining Agreement was first ratified on November 1, 2016. On June 9, 2020, UW reached agreement with UWHA on a successor CBA that will go into effect upon ratification, through June 30, 2022.

The UW/UWHA Contract is available at:

http://hr.uw.edu/labor/unions/uw-housestaff-association/uwha-contract

Stipends are reviewed annually and determined at the Institutional level. The current UW resident stipend schedule is available at:


These salaries are adjusted annually. Medical insurance and basic life insurance are provided to all fellows and their dependents. Supplemental life insurance, disability insurance, and retirement benefits also are available. All Cardiology fellows receive three weeks of vacation per year.

Fellows organize evening and weekend call schedules throughout the three years of training. On average, first year fellows are on-call every 4th night/weekend and second/third year fellows every 5th night/weekend. Cardiology fellows are entitled to staff privileges at the University, including use of the library, and membership to the Intramural Sports Activities Building.

Although fellows in the general Cardiology training program are not concurrently trained for board eligibility in subspecialty ACGME fellowships, the University of Washington Cardiology program does offer subsequent subspecialty fellowship training in interventional Cardiology, electrophysiology, adult congenital heart disease, and advanced heart failure/cardiac transplantation. These fellowship programs require a separate application process, and are between one to two years in length, depending on the specialty.
Specific Guidelines for detailed University of Washington procedures and policies for fellows are contained in the Fellowship Position Appointment Agreement, which each fellow receives. This contract provides for a variety of procedures, should they be needed, including emergency or exceptional leave requirements, termination of contract, grievances, etc. The following Administrative Guidelines apply specifically to the Cardiology Fellowship Programs. Additional information is also available at the UW Graduate Medical Education website:

http://www.uwmedicine.org/education/gme/prospective-residents

1. Fellowship Administration Office and Communication

All questions regarding fellowship issues should be handled by the Fellowship Office.

Fellowship Office Hours: Monday-Friday – 8:30AM – 5:00PM
Phone/Voice mail: 206-685-1397
Fax: 206-685-9394
Email: uwcardapps@cardiology.washington.edu

2. Evaluation of Clinical Performance and Documentation of Procedures

A description of each clinical rotation, including principal responsibilities for both inpatient and outpatient components, is provided at the beginning of the fellowship year and on the Cardiology fellowship website. Faculty provide feedback to each fellow at the end of the rotation regarding clinical performance and areas for improvement. Online evaluations of fellow performance are obtained after each rotation. Evaluations are reviewed by trainees with the Fellowship Director or Associate Fellowship Directors every 6 months.

The ACGME requires that fellows maintain records of procedures performed during their Fellowship Training. Records should include date, supervising physician, exact procedure performed, any complications and the fellow’s role. Procedure logs are maintained using the same online system used to complete and review evaluations. It can be accessed by going to https://uw.medhub.com/index.mh. Every 6 months, the procedure log and total numbers of procedures are reviewed with the fellowship Program Director or associate fellowship Program Directors

3. Participation in Program Development

Fellows actively participate in program development of the Cardiology fellowship program:

- Informal lunches with the program directors and selected faculty to discuss areas for improvement
- Online evaluations of faculty and rotations by the fellows
- Participation by Chief Fellows on the Fellowship Committee
- Annual confidential online evaluation of the Fellowship Program through MedHub
4. On-Call Responsibilities

On-call responsibilities are approximately every 4th night and every 4th weekend for the 1st
year fellows, every 5th night/weekend for 2nd year fellows and approximately every 5th
night/weekend for 3rd year fellows. On-call responsibilities are divided as follows (with
Attending coverage for each):

**CARDIOLOGY A CALL (FIRST YEAR FELLOWS)**

**Weekday:** The Card A fellow supervises the inpatient Cardiology A team from 8AM-8PM. From
8PM-8AM, there is a floor hospitalist that provides supervisory support to the in-house
Cardiology A resident overnight. Urgent weekday cardiology consults between 5PM-8PM are
shared between the Cardiology A fellow (MWF) and Echo I fellow (T/Th).

**Weekend:** 8AM-8PM Saturday/Sunday: The Card A weekend fellow supervises admissions to
the service and concurrently provides general Cardiology consults from 8AM-8PM. They are
responsible for Card A service ordered echoes starting November 1. Echo requests are directed
through the procedure fellow and must be read that night with a preliminary note in ORCA.

**CCU CALL**

**CCU/CICU senior fellow (SECOND/THIRD YEAR/ADVANCED HEART FAILURE
FELLOWS):**

**Weekday:** The CCU/CICU senior fellow is the supervising fellow from 8AM-5PM and covers
urgent consults 5PM-8PM Tuesdays and Thursdays.

**Weekend:** 8AM-8PM Saturday/Sunday: The CCU/CICU weekend senior fellow is on service
8AM-8PM. They are responsible for CCU/CICU service ordered echoes. Echo requests are
directed through the procedure fellow and must be read that night with a preliminary note in
ORCA. From 8PM-8AM, there is are in-house CCU/CICU hospitalists. The weekend CCU/CICU
fellow covers MCS weekend consults.

**CCU NIGHT FLOAT CALL (THIRD YEAR/RESEARCH FELLOWS)**

**Weekday and weekend:** 8PM-8AM, intermittent

In-house, intermittent overnight primary care and coverage of the CCU service integrating
medical management, cardiac diagnostics, and appropriate consultation of other clinical
services (1-2 evenings per month). This float call is a clinical elective for general cardiology
fellows on the clinician educator track. It is a mandatory rotation for fellows on the research
scholar pathway.

**CARDIOLOGY B/MCS CALL (SECOND/THIRD YEAR/ADVANCED HEART
FAILURE)**

**Weekday evening:** 5PM-8AM for heart failure consults, cardiology B service calls/urgent
inpatient issues. This is shared with weekday EP call (see below). From 8PM-8AM, there is a
floor hospitalist overnight. EP at Harborview is not covered by the general fellows on-call.
**Weekend:** 5PM Friday to 8AM Monday. Fellows identify patients on MCS/CTICU/Cardiology C and D requiring cardiology B consultation over the weekend. They are responsible for Card B service ordered echoes. Echo requests are directed through the procedure fellow and must be read that night with a preliminary note in ORCA.

**EP CALL (SECOND/THIRD YEAR/EP SPECIALTY FELLOWS)**

**Weekday evening:** 5PM-8AM (EP fellows when assigned) for HeartCare alerts, CIED interrogation requests, new EP consultations, device interrogations, and consults for malignant arrhythmias. EP at Harborview is not covered by the general fellows on-call.

**Weekend 5PM Friday to 8AM Monday:** covered by EP specialty fellows. The fourth weekend of the month, general fellows cover the on-call evening/night home call from 5PM-8AM.

**“TRIPLE” (PROCEDURE/CONSULT/ECHO) (ALL GENERAL FELLOWS)**

**Weekday evening:** 5PM-8AM Cover Cath lab-based procedures, echoes, urgent consults 8pm - 8am. STEMI call is elective.

**Weekend:** 5PM Friday to 8AM Monday Cover Cath lab-based procedures, echoes and urgent consults. Cardiology A/B/CCU fellows read their weekend service echoes. STEMI call is elective.

**JEOPARDY CALL (THIRD YEAR FELLOWS)**

Pre-designated fellow to back up sick or otherwise unexpectedly unavailable fellows for essential clinical responsibilities. Intermittent assignment throughout the year. Jeopardy coverage is evenly divided among third year general cardiology fellows. Jeopardy shifts run from 8:00am to 8:00am the next morning.

**RESEARCH SCHOLAR PATHWAY TRAINEES (THIRD/FOURTH YEAR FELLOWS)**

Call responsibilities for research scholar pathway trainees is the same as outlined above for the ACGME clinical training (years 1/2). Years 3/4 are devoted primarily to research under the guidance of a faculty mentor and mentoring committee. Clinical training time during year 3 meets ACGME training requirements, and includes maintenance of a weekly continuity clinic and intermittent weekend call for specialty consult services, cardiac procedures, inpatient services. Fellows are also assigned 1-2 blocks of specialized inpatient consultation and critical care rotations (CCU night float) with protected time as stipulated by individual grant awards.

**5. Work Hours**

Fellows must adhere to the ACGME requirements for work hours (mandatory):

- No more than 80 hours per week in house (averaged over 1 month).
- No more than 30 consecutive work hours (in house)
- At least 1 day in 7 free of work, when averaged over four weeks.
- Fellows should have 10 hours free of work, and 8 hours between scheduled duty periods
• Fellows must have at least 14 hours free of work after 24 hours of in-house work
• At-home call counts towards the 80-hour maximum weekly hour limit.

To effectively follow these rules requires efficiency, open lines of communication among members of all health care teams, the ability and willingness to effectively sign out pending tasks. Fellows also help ensure that the medicine residents meet the hours of duty rules and help them learn to work as a team so they can leave on time while still providing excellent patient care. All fellows submit a record of their work hours online in MedHub weekly.

6. Lines of Supervisory Responsibility

On each clinical rotation, the fellow is supervised by the cardiology attending on that service both in direct patient care activities and in performing and interpreting diagnostic and therapeutic procedures. During the research month(s), each fellow has a designated supervisor. A weekly cardiology continuity clinic is supervised by the clinic faculty mentor. Evening and weekend on-call attendings are designated for each cardiology sub-specialty.

7. Training for Conduct of Human Subjects Research

Training in the conduct of human subjects research is required for all fellows who plan to do patient based research and also is required for “key personnel” receiving funding from the National Institutes of Health (NIH), Education in the basics of human subjects research that meets the NIH requirement is available on a regular basis via In-Person Sessions, CITI Web-Based Training, and the Investigator 101 CD ROM. The Human Subjects Division also provides and coordinates other training opportunities related to human subjects research. A listing of in person and online training courses are available at:

https://www.washington.edu/research/hsd/training

8. Vacations

Fellows currently have three weeks of vacation per year as stated in the Fellowship Position Appointment (15 business days and 6 weekend days). Vacations are scheduled with the fellowship office. The schedule for the academic year is completed by May of the preceding academic year. Any changes to the vacation schedule are approved by the Cardiology fellowship office and Program Director. Vacations are scheduled in one-week increments from Sunday through Saturday. Fellows should limit instances of missing more than one week of any given rotation or scheduling vacation concurrently with other fellows on the same service. Fellows should notify their continuity clinical attending at the beginning of the year and direct rotation supervisor at least four weeks in advance of vacation plans. It is the responsibility of the fellow to review and confirm they do not have any on-call responsibilities when on vacation.

Vacation is not scheduled when fellows are assigned to the inpatient cardiology rotations. For all other clinical rotations, when fellows are on vacation, of coverage has not been arranged in advance, the attending is responsible for clinical responsibilities.
Fellows provide cross coverage between assigned rotations for urgent clinical issues as follows:

- UWMC Echo, Consult, and Adult Congenital Heart Disease fellows
- UWMC 2nd Year EP fellow and EP fellows
- UWMC 2nd Year Cath lab fellow and Interventional fellows
- HMC Echo and Consult/Cath fellows
- VAMC Cath and ECG fellow

For cross-covering arrangements, only urgent issues are covered and should not interfere with the educational component of training.

9. Travel to scientific meetings/Professional Development

Our fellowship programs allow time and partial funding ($600.00) for trainees to attend 1 national scientific meeting annually at which original research is presented. Most fellows choose to attend the AHA or ACC meetings, or other scientific sessions (such as The Heart Rhythm Society, the Heart Failure Society, or the American Society of Echocardiography meetings). We encourage fellows to submit original research abstracts for presentation. All travel must be pre-approved prior to making any arrangements. Scientific meeting assignments are made annually by the fellowship office as part of rotation/vacation scheduling. Any requests for change should be directed to the fellowship office as soon as possible. Receipts are required for reimbursement for registration, lodging, airfare and any ground transportation.

To guarantee reimbursement, receipts must be submitted as a PDF to the fellowship office within 30 days of completion of your trip. The fellow should ensure appropriate on-call and clinic coverage during absences.

10. Outside Professional Activities

Outside professional activities ("moonlighting") is not prohibited, but must not interfere with fellowship trainee responsibilities and duties or result in deterioration of the fellow's clinical or research performance. Involvement in Outside Professional activities must be consistent with ACGME policies and are included in work hours reporting. Advance written approval for outside professional activities is required. The fellow should submit the request form to the Program Director indicating the activity and the amount of time involved. If the Program Director approves of this activity, the paperwork will be forwarded to the Graduate Medical Education Office for approval. This approval must be renewed annually. Please see the detailed policy and copy of the Moonlighting form on the following link:

http://www.uwmedicine.org/education/Documents/gme/Moonlighting-Policy.pdf

11. Housestaff Coverage

Every year there is 1 housestaff IM residency event where overnight in-house patient care responsibilities are covered by fellows. Cardiology fellows are expected to provide coverage for the Cardiology services of UWMC, HMC and the VAMC for this event, and will be compensated.
12. Parking

Fellows are responsible for their own transportation and parking arrangements. In order to attend conferences and continuity clinics, paying double parking fees may be needed on some days. Fellows are only responsible for paying one parking permit per day. If reimbursement for the second payment is needed, printed documentation of two parking fees in one day must be brought to the fellowship office at the end of each rotation for reimbursement. We encourage use of the Health Sciences Shuttle when traveling between UWMC and HMC.

There are 2 options for parking at the UWMC. 1) Purchase an entire year (set up as a payroll deduction) or a month at a time or 2) PPUP Program at Portage Bay Garage: RECOMMENDED. Located west of UWMC, If residents/fellows are not eligible for payroll deduction, a Husky Card Account may be used as a payment option. The Husky Card Account must be set up prior to signing up for PPUP. Once signed up with UW Commuter Services, you enter the garage by swiping your Husky Card. This parking program does allow in and out privileges (for single entry, not available for carpools) and must be renewed at the end of each year.

For more information: https://sites.uw.edu/uwgme/parking-transportation-resources/

There are no fees for parking at the VAMC. At Harborview you are required to either acquire a monthly parking permit or the HMC PPUP plan. You must obtain green & white liability waiver forms at the HMC Parking and Commuter Services Office. Pay the fee and a parking permit will be issued for the dates that you will rotate at HMC. Escort services are available at the UWMC and at HMC for walking to your car late at night (206-598-7337, 206-685-9255).

14. Appointment and Reappointment

Fellow reappointment to successive years of training is done each year, contingent on adequate trainee performance and achievement of competency goals. Following successful completion of 3 years of training in the general cardiology fellowship program, fellows are eligible for the ABIM examination in Cardiovascular Disease. Competency in cardiology subspecialties requires additional training. Subspecialty fellowship programs in adult congenital heart disease, advanced heart failure and cardiac transplantation, interventional cardiology and electrophysiology require participation in a separate ACGME-accredited training program following completion of the general Cardiology fellowship program. Additionally, there are non-ACGME subspecialty fellowships in advanced multimodality imaging, structural interventional cardiology, and complex coronary and advance hemodynamic support (CHiP). Participation in our general fellowship training program does not guarantee acceptance into our subspecialty fellowship training programs, but internal applicants are generally competitive for these positions.

15. ID Badges

All fellows are required to wear a current photo ID badge for each medical center at all times when in or entering the building. ID badges must be displayed above the waist and be visible.
16. Radiation Safety

All fellows are provided with 1 Radiation Exposure Badge and a ring by the Radiation Safety Office, which are required whenever radiation exposure is likely. Fellows are required to wear lead aprons as instructed by the Cath Lab faculty. Badges and rings are to be turned in monthly to the Fellowship Office. Instruction in basic radiation safety is provided annually. Additional information is available from the UW Radiation Safety Office.

17. Health

All fellows are required to have annual influenza vaccination, respiratory mask fitting and TB testing by the Employee Health Office (Room NN210).

18. Licensing

Each fellow must have a current Washington State Medical License. The fee for the license is reimbursable by the division. A current copy of both the Washington State Medical License and the DEA License must be on file in the Fellowship Office. If fellows do not moonlight they may obtain their DEA license through the fee exempt protocol.

19. Learning Gateway

The e-Learning is developed by UW Medicine Learning Gateway as in previous years. Learning Gateway training focuses on safe patient care which has been standardized across UW Medicine based on state and national policies for safer patient care. The modules have been designed to help residency and fellowship programs meet certain of the ACGME competency education requirements.

Please refer to the GME website for additional information:

https://sites.uw.edu/uwgme/residents-fellows/

All fellows are required to complete several online modules using the Learning Gateway prior to beginning training.

20. UW HIPAA Compliance Training (online module due within 30 days of start date)

21. VA Puget Sound Health Care System (VA Online Training due prior to start of rotation at the VA)

22. Clinical Documentation

The Cardiology Fellowship requires that all clinical care be documented concurrently with provision of care. Specifically, the medical record for all clinic visits, consults and procedures must be completed on the same day as the service was provided. In addition, any significant telephone or email contact with a patient should be documented in the medical record. All electronic notes must be signed within 72 hours of the clinical visit.
23. **Adult Cardiac Life Support (ACLS)**

Each fellow must have a current ACLS certification. Online training or retraining is available at no-cost via the UW Learning Hub. A current copy of the ACLS training must be kept on file at the fellowship office.

24. **Conscious Sedation**

Advanced training and documentation of competency in conscious sedation is required during the first 6 months of fellowship, per UW Medicine requirements.
Essential abilities are academic performance requirements that refer to those physical, cognitive and behavioral abilities required for satisfactory completion of all aspects of a graduate medical curriculum, and the development of personal attributes required by the faculty of all fellows at certification. The essential abilities required by the curriculum are in the following areas: motor, sensory, communication, intellectual (conceptual, integrative, and quantitative abilities for problem solving and diagnosis) and the behavioral and social aspects of the performance of a physician. These are attributes each Cardiology Fellow must possess and the use of a third party for the fulfillment of these attributes is not adequate. Additionally, fellows must be legally authorized to practice in all healthcare clinical training sites.

Motor Skills
- Physical dexterity to master technical and procedural aspects of patient care.
- Adequate physical stamina and energy to carry out taxing duties over long hours.
- Bilateral upper extremity manual dexterity to perform complex diagnostic and therapeutic cardiovascular procedures.

Sensory Abilities
- Fellows must be able to gather information with all senses, especially sight, hearing, and touch, in order to gather a medical and psychosocial history, perform a physical examination, and diagnose and treat patients.

Communication Skills
- Fellows must be able to communicate effectively with patients, including gathering information appropriately, explaining medical information in a patient-centered manner, listening effectively, recognizing, acknowledging and responding to emotions, and exhibiting sensitivity to social and cultural differences.
- Fellows must be able to communicate effectively and work cooperatively with supervisors, other fellows, residents, health care team members and staff.

Intellectual Abilities
- Fellows must be able to comprehend and learn factual knowledge from readings and didactic presentations, gather information independently, analyze and synthesize learned material and apply information to clinical situations. Fellows must be able to develop habits of life-long learning.
- Fellows must be able to develop sound clinical judgment and exhibit well-integrated knowledge about the diagnosis, treatment, and prevention of illness within their scope of practice. They must be comfortable with uncertainty and ambiguity in clinical situations, and seek the advice of others when appropriate.

Behavioral, Social and Professional Abilities
- Fellows must possess the emotional maturity and stability to function effectively under stress that is inherent in medicine and to adapt to circumstances which are unpredictable or that change rapidly. They must be able to interact productively, cooperatively and in a
collegial manner with individuals of differing personalities and backgrounds, and be an active contributor to the process of providing health care by demonstrating the ability to engage in teamwork and team building. They must demonstrate the ability to identify and set priorities in patient management and in all aspects of their professional work. They must be punctual and perform work in a timely manner.

- Fellows must be capable of empathetic response to individuals in many circumstances and be sensitive to social and cultural differences.
- Fellows must exhibit an ethic of professionalism, including the ability to place others’ needs ahead of their own. They must exhibit compassion, empathy, altruism, integrity, responsibility and tolerance, as well as demonstrate the ability to exercise the requisite judgment required in the practice of medicine.
CURRICULUM

The Training Program in Cardiovascular Disease is designed to prepare trainees for an academic career of excellence in Cardiology research, teaching, and patient care. Our program's educational goals and objectives reflect ACGME requirements for accreditation (www.acgme.org) that address each of the 6 competencies. In addition, our program is aligned with the COCATS Guidelines for Training in Adult Cardiovascular Medicine (www.acc.org).

The 6 ACGME Competencies are:

- Patient Care and Procedural Skills (PC)
- Medical Knowledge (MK)
- Practice-Based Learning and Improvement (PBLI)
- Interpersonal and Communication Skills (ICS)
- Professionalism (PROF)
- Systems-Based Practice (SBP)

The core curriculum of our program is an intense 24-month block of clinical rotations. The first two years of fellowship training are clinically rigorous and designed to expose trainees to the broad spectrum of clinical cardiology. Fellows manage a high acuity patient population at state-of-the-art facilities, serving as cardiology consultants for acutely ill medical and surgical patients, participating in critical cardiovascular care, providing ongoing, ambulatory care and performing and interpreting both invasive and noninvasive diagnostic procedures.

Training in the competencies is provided through:

- One-on-one attending-fellow provision of patient care in inpatient and outpatient settings, with increasing levels of independence during the training period.
- Direct faculty teaching of cardiovascular procedures including indications, performance and study interpretation.
- A series of didactic conferences on core cardiovascular knowledge.
- Clinical and research conference presentations.
- Research training under the supervision of a faculty mentor, including dedicated research time, journal clubs, and training in research methods and ethics.
- A teaching curriculum that includes training in presentation of clinical cases, writing review articles, written and oral presentation of research data, and teaching medicine residents and medical students.
- Involvement in the quality improvement activities of the Cardiology Division for optimizing our patient care systems and participation in academic and clinical administrative functions of the Division.
- Responsibility for providing continuous care to patients by implementation of appropriate call schedules and mechanisms for handling unexpected coverage issues.

Evaluation of trainee’s competency in each area is documented by:

- Direct one-on-one observation of patient care and procedures.
- Written (online) evaluations by supervising faculty for each month-long rotation
- Review of procedure logs.
• Procedural proficiency evaluations in echocardiography, nuclear cardiology and cardiac catheterization.
• Fellow self-evaluation narratives submitted every 6 months.
• 360 degree evaluations by academic, technical and nursing staff members.
• An updated CV including teaching conferences, presentations and publications.
• One on one meetings with each trainee and the Fellowship Program Director or Associate Program Directors every 6 months, summarized in a letter.
• Summary letter at completion of training documenting areas of clinical proficiency, final procedure numbers, narrative comments on clinical performance and a synopsis of research experience. A passing score on the ABIM examination in Cardiovascular Disease.
EDUCATIONAL GOALS

Inpatient Cardiac Care

- Efficient and accurate diagnostic approach to hospitalized patients with a wide range of cardiac diseases.

- Manage a wide range of acute cardiac diseases
  
  • Evaluation of and management for various types of valvular heart disease
  
  • Recognize and treat complications of endocarditis that may lead to hemodynamic instability. Understand timing for surgery in patients with endocarditis
  
  • Manage vasoactive drips for hypertensive emergency
  
  • Manage STEMI/NSTEMI, including indications for and timing of coronary intervention
  
  • Recognize complications that may occur after ACS and manage them appropriately
  
  • Assess volume status by both clinical exam, with invasive monitoring, and with imaging modalities
  
  • Develop an intricate understanding of hemodynamics from right heart catheterization measurements including target values for each parameter
  
  • Determine optimal medical therapy and appropriate timing of these therapies for heart failure including diuretics, RAAS inhibition, beta-blockade, digoxin, and inotropes
  
  • Manage inotropes and vasopressors, and understand the nuances and differences between the different types

- Inpatient cardiology consultation and the appropriate role of the consultant.

- Participatory and leadership skills as part of a team of professionals.

- Become more sensitive and skilled in interacting with patients and families.

- Develop communication skills with other health care providers, including referring physicians, cardiac surgeons, pharmacists, nurses, and cardiovascular allied health professionals.

- Integrate multiple clinical disciplines (cardiothoracic surgery, cardiothoracic anesthesia, critical care, etc.) in the collaborative inpatient care of patients with cardiac disease, including in the intensive care unit.

Adult Congenital Heart Disease

- Learn the anatomy and physiology of common congenital heart lesions and the types of repairs used to treat them.

- Learn the long-term complications of repaired congenital heart disease and the need for lifelong care.
o Coordinate care for complex patients across a multidisciplinary team including cardiologists, surgeons, interventionalists, anesthesiologists, obstetricians and geneticists in order to provide optimal patient care.

o Understand how to plan and interpret a complex congenital catheterization including the definition of cardiac anatomy, physiology and shunt physiology. To learn how to plan the catheterization with the interventional cardiologist.

o Learn the role of cardiac MRI in the evaluation of patients with congenital heart disease.

o Present patients in the monthly ACHD conference, including preparation of MRI images, and be able to communicate the reasons for surgical or procedural consideration.

**Ambulatory Cardiac Care**

o Learn the differential diagnosis for common presenting symptoms and signs and appropriate diagnostic testing strategies.

o Learn appropriate management of cardiac disease in the outpatient setting including use of diet, pharmacological therapy, exercise, cardiac rehabilitation, and the appropriate timing of surgical or percutaneous interventions.

o Learn cardiac risk factor evaluation and modification in patients with or at risk for cardiac disease, including dietary and other life style modifications, smoking cessation therapy, lipid-lowering therapy, and other effective strategies.

o Learn the appropriate intervals for periodic evaluation and testing of patients with chronic cardiac disease.

o Knowledge and experience in the diagnosis, evaluation, and management of patients with peripheral vascular disease, including physical examination, review of diagnostic testing, appropriate medical therapy, and indications for intervention.

o Knowledge and experience about the role of cardiac rehabilitation in the management of adults with cardiovascular disease.

o Gain a longitudinal perspective regarding the clinical course of patients with chronic disease.

o Communication skills with referring physicians and other health care providers.

o Integrate inpatient and outpatient management of patients with heart disease, including incorporation of cardiac diagnostics in clinical decision making with appropriate involvement of subspecialists across multiple disciplines.
Electrocardiography and Cardiac Arrhythmias

- Learn the diagnostic approach to and appropriate management of cardiac arrhythmias.
- Learn the indications for, management, risks and follow-up of cardiac pacemakers, implantable defibrillators and cardiac resynchronization devices.
- Learn the indications for, management, risks and follow-up of invasive diagnostic electrophysiologic testing and catheter ablation procedures.
- Gain a basic understanding of device interrogation, re-programming, threshold and sensing tests and to have the opportunity to evaluate device rhythm events and participate in decision making regarding those events.
- Manage post-cardiac arrest patients including the institution of cooling protocols when appropriate.
- Management of VT storm including with antiarrhythmics, post-ablation, gangliectomy.
- Management of refractory afib/flutter including medical therapy and cardioversion.
- Place and manage temporary pacing wires for high grade heart block.
- To interpret at least 3,500 12-lead ECGs and at least 150 24-hour ECGs.
- Perform and interpret stress ECG studies.
- Correlate ECG and stress test findings with clinical diagnosis, prognosis, and management.
- Gain competency in performing DC cardioversion (at least 10 cases) and in insertion and management of temporary pacemakers (at least 20 cases).

Echocardiography

- Learn normal and abnormal tomographic cardiac anatomy, physiology, and pathophysiology.
- Learn principles of echocardiographic instrumentation, fluid dynamics, cardiac hemodynamics, and imaging and Doppler artifacts.
- Learn indications for and limitations of echocardiography including appropriateness criteria.
- Performance and interpretation of transthoracic echocardiography with scanning at least 150 patients and interpreting at least 300 studies.
- Learn indications and risks of stress echocardiography and transesophageal echocardiography and participate in performing at least 100 stress echo studies, 20 contrast studies, and 50 transesophageal echo studies.

- Correlate data from echocardiographic, physical examination and other diagnostic procedures.

- Communicate with referring physicians the clinical significance of the echocardiographic findings in the context of the patient's specific disease process.

**Nuclear Cardiology & Advanced Cardiac Imaging**

- Learn the basic concepts of radiotracer delivery, uptake and release kinetics and their relationship to coronary anatomy.

- Learn the basic operation of gamma cameras.

- Learn the principles of patient selection, performance, monitoring, interpretation, and reporting of exercise and pharmacological stress testing including appropriateness criteria.

- Learn how to acquire, reconstruct and analyze radionuclide ventriculograms and myocardial perfusion images including both SPECT and PET.

- Understand the indications and clinical utility of CT imaging for coronary, aortic and other cardiac disease.

- Perform and interpret nuclear cardiology studies, to integrate the results with other clinical parameters, and to assess the impact of the study on subsequent clinical management.

- Understand the indications and clinical utility of cardiac magnetic resonance images for assessment of anatomy and function in patients with both congenital and acquired heart disease.

- Correlate data from different cardiac imaging modalities, physical examination and other diagnostic procedures.

- Communicate with referring physicians the clinical significance of cardiac imaging findings in the context of the patient's specific disease process.

**Cardiac Catheterization**

- Evaluate patients undergoing invasive procedures in the cardiac catheterization laboratory, understanding the indications/risks/benefits for the procedure, and reviewing potential alternate diagnostic approaches.
- Knowledge of normal and abnormal coronary artery and intracardiac anatomy, physiology, and pathology.

- Knowledge and understanding of intracardiac hemodynamics and its relationship to various pathophysiologic states.

- Participate in a team based clinical practice in evaluating, explaining and obtaining consent, and reviewing study results with the patient.

- Gain experience in arterial/venous cannulation from various anatomic sites, catheter manipulation, and image acquisition during diagnostic angiography procedures, including understanding image plane orientation, radiographic instrumentation, and factors that impact image quality.

- Demonstrate knowledge of radiation safety issues and techniques to minimize radiation exposure.

- Perform and interpret left heart catheterizations with coronary angiography, right heart catheterizations, pericardiocentesis and intra-aortic balloon pumps.

- Correlate angiographic and clinical findings and formulate an appropriate therapeutic approach for each patient based on these findings.

- Knowledge in the role of interventional cardiology, interventional radiology, and vascular surgery in various therapeutic approaches in caring for patients with peripheral vascular disease.

- Knowledge and experience in the role of interventional cardiology and cardiac surgery in various therapeutic approaches. To learn about the factors important in the patient selection for such procedures and work collaboratively in determining clinical treatment plans.

**Heart Failure and Cardiac Transplantation, and Mechanical Circulatory Support**

- Learn the appropriate diagnosis and treatment of heart failure in the acute care setting including use of invasive hemodynamic monitoring, use of continuous infusion intravenous medications and other acute care treatment options.

- Learn the diagnosis and treatment of chronic heart failure in the outpatient setting.

- Learn the pharmacology of agents used in the treatment of heart failure.

- Learn the indications for heart transplantation, the pre-transplant evaluation protocol, and post-transplant follow-up.

- Identify cellular and humoral rejection based on clinical findings, echo features, and pathology from endomyocardial biopsy, and donor specific antibody profiles.
Recognize the acuity of heart transplant patients that are actively rejecting. Manage acute cellular with augmented immunosuppression with IV steroids and ATG. Manage humoral rejection with plasmapheresis, IVIG, and medical therapies.

Learn the indications for ventricular assist device implantation, both pulsatile and continuous flow devices, and to work with the cardiac surgical team to provide longitudinal follow-up for these patients.

Understand longitudinal perspective regarding the clinical course of patients with advanced heart failure and understand indications for patient counseling regarding end-of-life decision making.

Understand the indications for mechanical circulatory support as a bridge to cardiac transplantation and as destination therapy. Understand indications and device selection for short-term MCS including IABP, Impella devices.

Understand how patients should be evaluated for mechanical circulatory support, including the contraindications and comorbidities relevant to the decision to place a device.

Understand the immediate post-operative issues in managing patients with MCS and participate in the long-term management of patients with MCS with a focus on: management of right heart failure, anticoagulation, evaluation of VAD dysfunction/thrombosis, evaluation and management of infection and GI bleeding, management of ventricular and atrial arrhythmias.

Interpret VAD data from each device and understand the implications of data provided from each device.

Understand indications and device selection for short-term MCS and for durable MCS as bridge to transplant (BTT) and destination therapy (DT).

Understand patient evaluation and selection for MCS

Understand the differences in device types, mechanics and physiology of device therapy, and how indications, anatomy and/or surgical technique can impact device choice.

**Research**

Identify a research problem, critically analyze the relevant literature and formulate a competitive research proposal.

Learn the benefits of peer review and constructive criticism during all phases of research.

Learn to formulate a testable hypothesis and describe how to test it.
o Learn research methodologies specific to the individual research project.

o Learn the basics of experimental design, including the appropriate use of control groups.

o To understand and apply the concepts of sample size and statistical power to the design of experiments and interpretation of data.

o Learn to collect, organize, and preserve experimental data.

o Learn to analyze experimental and observational data objectively and evaluate the quality, impact, and limitations of the data.

o Develop skills important in clear organization and presentation of research results.

o Learn the strengths and weaknesses of basic, clinical, and health services research techniques.

o Learn responsible conduct of research including general issues of scientific integrity as well as issues specific to the individual research product including animal care requirements, protection of privacy, informed consent, and institutional approval of human investigation.

o Learn to evaluate the risks and benefits of a research project from the points of view of the research subjects and society.

**Teaching and Practice Based Learning**

o Use recommended textbooks and online resources to develop effective self-study methods for continuing medical education.

o Learn effective teaching and presentation skills.

o Remain current regarding the research literature.

o Learn to synthesize information from multiple sources, including print and electronic media.

o Develop an approach to life-long learning.

**Areas beyond general Cardiology that require additional training:**

- Electrophysiology, including permanent pacer and ICD implantation*

- Interventional Cardiology*
• Advanced heart failure and cardiac transplantation*

• Adult congenital heart disease*

• Nuclear Cardiology (board-eligibility) **

• Echocardiography (board-eligibility) **

* Formal training in a subspecialty ACGME fellowship program is available for these training pathways. Internal candidates are generally competitive applicants, but fellowship positions in the subspecialty programs are not guaranteed. Application is made early in the 2nd year of general cardiology training.

** Training may be achieved within the context of the general cardiology fellowship if additional clinical time, and, if needed, coursework and laboratory sessions, are completed, along with the requisite number of clinical studies and demonstration of competency.
ROTATION GUIDELINES

General inpatient cardiology (Card A, UWMC)

1. Supervise the Medicine R2s for patient admissions including the initial evaluation, plans and orders
2. Work closely with the attending cardiologist in decision-making and patient management.
3. Evaluate patients with acute cardiac disease in the Emergency Department and on other inpatient services.
4. Facilitate communication with primary providers and outpatient physicians regarding inpatient patient status and hospital course.
5. Present case-oriented lecture discussions to medical housestaff for morning didactic sessions
6. Read and study the ACC/AHA guidelines for patient management of common cardiac diagnoses including acute myocardial infarction, acute coronary syndromes, atrial fibrillation, congestive heart failure, valvular heart disease, etc.

Cardiology consultation and cardiac catheterization (HMC consult)

1. Supervise the inpatient Cardiology Consult Service. Perform cardiology consults and appropriate follow-up with the Consult Attending. Teach medical students/residents on the rotation.
2. Review ECGs daily with the medical students and the Consult Attending.
3. Present case-oriented didactic presentation to medical housestaff and students during services conferences.
4. Read and study recommended textbooks and articles on ECG interpretation and clinical cardiology.
5. Read and study the ACC/AHA guidelines for patient management of common cardiac diagnoses.

Cardiac Critical Intensive Care (HMC CCU/catheterization)

1. Participate in management of patients on the inpatient service in collaboration with the R3s on the service. Patient management including leading daily work rounds, under the supervision of the inpatient attending.
2. Evaluate patients for cardiac catheterization and participate in performance and interpretation of catheterization procedures such as (right heart catheterization, left heart catheterization, temporary pacer placement, or pericardiocentesis).
3. Patient management integrating medical management, cardiac diagnostics, and appropriate consultation of other clinical services.
4. Read and study recommended textbooks and articles on heart failure, pharmacology, critical care, and heart transplantation.

Cardiology Consults (UWMC consult)

1. Perform cardiology consults and appropriate follow-up with the Consult Attending. Teach medical students on the consult rotation.
2. Perform DC cardioversions on inpatients and outpatients including pre-procedure evaluation, the cardioversion procedure, TEE if needed and coordinating post-procedure medical therapy and follow-up.

3. Review ECGs daily with the medical students and the Consult Attending.

4. Read and study the ACC/AHA guidelines for patient management of common cardiac diagnoses.

**Nuclear Cardiology Imaging (UWMC)**

1. Develop skills in serving as a consultant to multiple non-cardiology clinical services that are requesting advice on appropriate study.

2. Participate in performance and interpretation of nuclear cardiac studies including exercise stress perfusion imaging, pharmacologic perfusion imaging, and radionuclide ventriculography. Studies will include both SPECT and PET/CT.

3. Correlate results of noninvasive imaging with coronary angiography and clinical outcomes.

4. Participate in reading sessions of other thoracic and cardiac imaging modalities including chest tomography (CT), magnetic resonance imaging (MRI) and positron emission tomography (PET).

**Cardiac Catheterization I (VAMC)**

1. Evaluate and develop the initial management plan on patients admitted for cardiac catheterization.

2. Perform and interpret diagnostic catheterization with the attending cardiologist.

3. Perform post-procedure patient evaluation and discuss results with the housestaff. Maintain communication with the physicians on the Cardiology service and the Catheterization Lab.

4. Correlate angiographic and clinical findings. Discuss impact of angiographic findings on patient management.

5. Plan and participate in the Friday VAMC Cardiology Conference.

6. Read and study recommended textbooks and articles on cardiac catheterization and clinical cardiology.

**Cardiac Catheterization II, Advanced Cath (UWMC Cath)**

1. Evaluate, write a brief H & P, and develop the initial management plan on patients scheduled for cardiac catheterization.

2. Perform and interpret diagnostic catheterization with the attending cardiologist. Participate in or observe percutaneous coronary and other interventions when time allows.

3. Perform post-procedure patient evaluation and discuss results with the housestaff. Maintain communication with the physicians on the Cardiology service and the catheterization lab.

4. Correlate angiographic and clinical findings. Discuss impact of angiographic findings on patient management.
5. Read and study recommended textbooks and articles on cardiac catheterization and clinical cardiology.

**Echocardiography I and Exercise Testing (UW Echo I)**

1. Know the indications and potential risks of echocardiographic procedures and exercise stress testing. Provide patient counseling regarding testing, including consent, where needed for medical procedures.
2. Perform echocardiograms under the supervision of a qualified sonographer.
3. Interpret echocardiograms under the supervision of the echocardiography attending.
4. Perform scheduled treadmill exercise and stress echo tests and review the results with an attending.
5. Read and study recommended books and articles on echocardiography.
6. Correlate echocardiographic findings with physical examination findings and other clinical data. Interact with referring physicians when echocardiograms are requested and when further interpretation of echocardiographic results is needed.

**Echocardiography (HMC echo)**

1. Perform echocardiograms under the supervision of a qualified sonographer.
2. Interpret echocardiograms under the supervision of the echocardiography attending.
3. Evaluate patients for whom a transesophageal echocardiogram has been requested.
4. Interpret and review electrocardiograms with rotating medical students, residents and consult service attending.
5. Read and study recommended books and articles on echocardiography.

**Echocardiography (UW Echo II)**

1. Participate in the performance and interpretation of complex transthoracic echocardiography studies.
2. Perform and interpret pharmacologic stress echocardiographic studies.
4. Read advanced textbooks and article on echocardiographic diagnosis.

**Electrophysiology and Cardiac Arrhythmias (UWMC EP)**

1. Attend outpatient EP and pacer ½-day follow-up clinics ~2 per week.
2. Perform DC cardioversions on inpatients and outpatients who have an implanted pacer or defibrillator.
3. Perform temporary pacer insertions under the supervision of an attending cardiologist (may occur on other rotations, depending on clinical indications.)
4. Interpret 24-hour ECGs and event monitors with attending supervision.
5. Participate in EP and/or operating room procedures for diagnosis and treatment of arrhythmias.
6. Perform consults on patients needing device implantation or with refractory arrhythmias.
7. Assist in management of inpatients on the nonresident arrhythmia service.
8. Read and study recommended textbooks and articles on electrophysiology and arrhythmias.

**Heart Failure and Cardiac Transplantation (Card B, UWMC)**
1. Participate in admission and day-to-day management of patients on the inpatient service in collaboration with the ARNPs on the service. Work closely with the attending on patient management including leading daily work rounds.
2. Consult upon and follow CT surgical patients following VAD insertion or cardiac transplantation.
4. Attend the weekly multidisciplinary cardiac transplant recipient selection committee meeting; presenting patients for initial transplant consideration and providing follow-up on hospitalized patients.
5. Provide weekend daytime coverage for the inpatient service under the supervision of the inpatient attending.
6. Read and study recommended textbooks and articles on heart failure, pharmacology, and heart transplantation.

**Adult Congenital Heart Disease (UWMC ACHD)**
1. Perform inpatient cardiology consults in conjunction with the Congenital Heart Disease attending.
2. Provide appropriate comprehensive outpatient management in patients with congenital heart disease utilizing multiple clinical disciplines (EP, genetics, pulmonary hypertension, and high-risk obstetrics clinic).
3. Reviewing and integrate results from various cardiac imaging modalities and diagnostics in the care of patients with congenital heart disease.
4. Understand the systems-based multidisciplinary approach to comprehensive care of patients with Congenital Heart Disease. Attend and participate in the multidisciplinary Congenital Heart Disease conference (once monthly).
5. Read and study the ACC/AHA guidelines for management of Congenital Heart Disease.

**Cardiac Critical Intensive Care (UWMC CCU)**
1. Participate in admission and day-to-day management of patients on the inpatient service in collaboration with the ARNPs on the service. Work closely with the attending on patient management including leading daily work rounds.
2. Perform bedside right heart catheterization and interpret hemodynamics in critically ill patients with heart failure.
3. Patient management integrating medical management, cardiac diagnostics, and appropriate consultation of other clinical services.
3. Provide weekday daytime coverage for the CCU ICU inpatient service under the supervision of the inpatient attending.
4. Read and study recommended textbooks and articles on heart failure, pharmacology, critical care, and heart transplantation.

Mechanical Circulatory Support (UWMC)
1. Participate in management of perioperative phase in MCS patients.
2. Participate in long-term management of patients with MCS including: anticoagulation strategies and goals, management of hypertension, diagnosis and treatment of VAD dysfunction or thrombosis, managing driveline and other MCS-related infections, manage arrhythmias, participate in echocardiographic imaging related to optimization of VAD speed.
3. Interpret data and complete a documented interrogation for each MCS device and understand the implications of the data being provided from each device, including when and how to adjust parameters to optimize device function.

Cardiology Consults (UWMC Consult)
1. Perform cardiology consults and appropriate follow-up with the Consult Attending. Teach medical students on the consult rotation.
2. Perform DC cardioversions on inpatients and outpatients including pre-procedure evaluation, the cardioversion procedure, TEE if needed and coordinating post-procedure medical therapy and follow-up.
3. Review at least ECGs daily with the medical students and the Consult Attending.
4. Read and study the ACC/AHA guidelines for management of conditions commonly encountered on the consult service.

Cardiac Critical Intensive Care night float elective (UWMC CCU float)
1. Participate in intermittently scheduled, primary care of patients in the CCU (continuous in-house, 8pm-8am). Clinical responsibilities include overnight admission and clinical management of patients on the CCU inpatient service, under the supervision of on-call inpatient attending.
2. Perform bedside right heart catheterization and interpret hemodynamics in critically ill patients with heart failure.
3. Patient management integrating medical management, cardiac diagnostics, and appropriate consultation of other clinical services.
4. Read and study recommended textbooks and articles on heart failure, pharmacology, critical care, and heart transplantation.

Cardiac imaging and echocardiography elective (UW Echo III)
1. Participate in the performance and interpretation of complex transthoracic echocardiography studies, stress echocardiographic studies.
4. Participate in intraoperative transesophageal studies and observe cardiac surgical procedures in patients with a range of cardiac diseases.
5. Participate/observe radiology based cardiac imaging procedures, including cardiac computed tomography and cardiac magnetic resonance imaging. Participate in post-processing of cardiac imaging procedures.

6. Read advanced textbooks and article on echocardiographic diagnosis.

Northwest Hospital Cardiac Diagnostics and Rehabilitation (NWH) elective
1. Evaluate, write a brief H & P, and develop the initial management plan on patients scheduled for cardiac catheterization.

2. Perform and interpret diagnostic catheterization with the attending cardiologist. Participate in or observe percutaneous coronary and other interventions when time allows.

3. Perform post-procedure patient evaluation. Maintain communication with referring providers and the catheterization lab.

4. Perform and interpret diagnostic evaluation in patients with suspected peripheral vascular disease. Participate in or observe peripheral vascular percutaneous interventions when time allows.

5. Correlate angiographic and clinical findings. Discuss impact of angiographic findings on patient management.

6. Supervise cardiac rehabilitation and review referrals for adults with cardiovascular disease.

7. Read and study recommended textbooks, articles, and ACC/AHA guidelines on cardiac catheterization and clinical cardiology.

Continuity Clinic
1. All fellows are assigned a 1/2 day per week continuity clinic during ACGME fellowship training.

2. In each clinic session, the fellow will typically see 1-3 new and 3-6 return patients.
### USEFUL WEBSITES

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<tr>
<th>University of Washington a Fellowship Position Agreement:</th>
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<td><a href="https://drive.google.com/file/d/1jL4jneMcGkKCd-6r1LKFJEpIXYf0uqCR/view">https://drive.google.com/file/d/1jL4jneMcGkKCd-6r1LKFJEpIXYf0uqCR/view</a></td>
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<tr>
<th>The UW/UWHA Contract:</th>
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<td><a href="http://hr.uw.edu/labor/unions/uw-housestaff-association/uwha-contract">http://hr.uw.edu/labor/unions/uw-housestaff-association/uwha-contract</a></td>
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<th>University of Washington Regional Heart Center (RHC)</th>
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<td><a href="https://www.uwmedicine.org/specialties/heart-institute">https://www.uwmedicine.org/specialties/heart-institute</a></td>
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<th>MedHub</th>
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<td><a href="https://uw.medhub.com/index.mh">https://uw.medhub.com/index.mh</a></td>
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<th>ACLS Simulator</th>
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<td><a href="https://depts.washington.edu/anesth/education/community/acls.shtml">https://depts.washington.edu/anesth/education/community/acls.shtml</a></td>
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### Training Guidelines

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<th>American Board of Internal Medicine (ABIM)</th>
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<td><a href="http://www.abim.org">www.abim.org</a></td>
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<tr>
<th>Accreditation Council for Graduate Medical Education (ACGME)</th>
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<tr>
<th>ACGME common program requirements for Cardiology:</th>
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<tr>
<th>ACC 2015 Core Cardiovascular Training Statement (COCATS 4)</th>
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<tr>
<td><a href="http://www.onlinejacc.org/content/65/17/1721">http://www.onlinejacc.org/content/65/17/1721</a></td>
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### National Professional Organizations

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<th>American College of Cardiology (ACC)</th>
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<td><a href="http://www.acc.org">www.acc.org</a></td>
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<th>American Society of Echocardiography (ASE)</th>
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<th>American Society of Nuclear Cardiology (ASNC)</th>
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<th>Heart Failure Society of America (HFSA)</th>
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<th>Heart Rhythm Society (HRS)</th>
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<th>Society for Cardiovascular Angiography and Interventions (SCAI)</th>
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<th>Society of Cardiovascular Computed Tomography (SCCT)</th>
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### Other Useful Sites

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<th>National Center for Health Statistics (NCHS)</th>
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<th>National Institutes of Health</th>
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<td><a href="http://www.nih.gov">www.nih.gov</a></td>
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<th>NIH Loan Repayment</th>
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<td><a href="http://www.lrp.nih.gov">www.lrp.nih.gov</a></td>
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Teaching Curriculum

Goal: Teaching skills are essential for a successful academic career. During fellowship training there will be opportunities to improve teaching skills in various formats with supervision and feedback from faculty, peers and students.

Specific Teaching Requirements (all trainees):

Cardiology/CT Surgery Clinical Conferences: All fellows present clinical cases with presentation of diagnostic studies and a concise review of the relevant literature. Each fellow presents between 10 and 15 times (30 minutes each).

Cardiology Grand Rounds: These 1-hour formal presentations provide an opportunity for fellows to present a rigorous review of the literature on a focused topic or present their own research results. Each fellow works with a faculty mentor on selection of a topic, preparation of slides and presentation style. Each fellow presents at Grand Rounds between 1 and 3 times.

Resident Teaching: Cardiology Fellows provide both bedside teaching and didactic sessions to the Medicine Residents during rotations on inpatient Cardiology at both UWMC and HMC. Fellows also teach medical students on the VA ECG and UWMC Cardiology Consult service.

Medical Student Teaching: Cardiology Fellows also provide bedside teaching and didactic sessions for 3rd and 4th year medical students on the Cardiology Consult rotation at UWMC (2 months).

Cardiology Fellows: Cardiology Fellows may, under the supervision of a faculty member, develop or update teaching material for each clinical rotation (for example, a cardiac cath workbook or echo workshops). This may include QA or developing approaches to measuring competency. Trainees may elect to expand the 3rd year of training to include the clinician educator pathway: additional focus on mentored teaching activities and development of curricular materials to strengthen educational skill sets and prepare the trainee for a career in academic cardiology, including development of a formal teaching portfolio. Trainees choose a faculty mentor and are provided protected scholarly work development blocks during the third year of fellowship training. Teaching activities and curricular materials are focused within the area of subspecialty interests. Trainees are expected to teach in multiple clinical settings, and will receive feedback on teaching skills.
**Research Training Resources:**

Departmental and Divisional web sites usually provide lists of faculty and research interests. Access Departmental web sites (e.g., Physiology, Epidemiology, Biochemistry, Bioengineering, Immunology): [http://www.washington.edu/home/departments/departments.html](http://www.washington.edu/home/departments/departments.html)

Department of Medicine, Division web sites are accessed through: [http://depts.washington.edu/medweb/divisions/index.html](http://depts.washington.edu/medweb/divisions/index.html)

The Institute of Translational Health Sciences
[https://www.iths.org/ED](https://www.iths.org/ED)

Training grant web sites:

Cardiovascular Pathology Training Program: [http://courses.washington.edu/cvptg/](http://courses.washington.edu/cvptg/)

Epidemiology and population science - Cardiovascular Health Research unit: [http://depts.washington.edu/chru/index.htm](http://depts.washington.edu/chru/index.htm)

Outcomes research - Northwest Center for Outcomes Research at the VA Puget Sound
[https://www.pugetsound.va.gov/services/research.asp](https://www.pugetsound.va.gov/services/research.asp)

Clinical research - KL2 program, pursued after fellowship is completed: [http://www.iths.org/education/kl2](http://www.iths.org/education/kl2)

Department of Genome Sciences web site for a list of biomedical research-related seminars: [http://www.gs.washington.edu/news/related.htm](http://www.gs.washington.edu/news/related.htm)

“Survival Skills for the Research Years” course. This 3-day course, offered annually during the summer, covers topics of interest to fellows interested in research careers, including writing manuscripts, giving oral presentations, grant writing, funding, and job negotiations. [http://depts.washington.edu/flworien/](http://depts.washington.edu/flworien/)

All Departments and most organized research units present seminar series during the academic year. The list is not meant to be exhaustive:

1. Cardiovascular Breakfast Club (Tuesday 9:00 am UW SLU): [http://slubio.blogspot.com/?view=classic](http://slubio.blogspot.com/?view=classic)
2. Institute for Stem Cell and Regenerative Medicine Research Update (Tuesday 4pm UW SLU): [https://iscrm.uw.edu/news/](https://iscrm.uw.edu/news/)
3. Medical Genetics journal club (Wednesday 8:30 am, K250)
7. Immunology seminar series (generally Mondays at 3:30): see http://immunology.washington.edu/seminars-and-events
8. Pathology Seminar Series (generally Wednesdays at 4:30) http://www.pathology.washington.edu/seminars/conferences

A mentoring guide is found in the HHMI publication “Making the Right Moves: A Practical Guide to Scientific Management for Postdocs and New Faculty” available at: https://www.hhmi.org/science-education/programs/making-right-moves

Meet Our Fellows:

Third Year Fellows

Dave Elison (Co-Chief)
I am originally from Billings, MT and attended college at the University of Montana, where I met my, now, wife, Allie. We moved to Denver, where I completed medical school at the University of Colorado, before moving to Seattle for residency. Allie works locally as a registered dietitian. We love animals and have a puppy, Meri, and a house rabbit, Carl, and, yes, I have pictures of both. We are avid outdoors people and spend our off time hiking, biking, camping and exploring the PNW.

Sophia Larson
I am originally from Eugene, Oregon. I went to college in Oregon at Linfield College, moved to southern California to attend Loma Linda University for medical school and then did my Internal Medicine residency at the University of Michigan in Ann Arbor. I am very glad to be back in the PNW for fellowship and have been enjoying all Seattle has to offer. Outside of work I enjoy playing tennis, as well as running and hiking with my husband and dog.

Shannon McConnaughey (Co-Chief)
I was born and raised in Huntsville, Alabama and attended Vanderbilt University for undergraduate and medical school. Between my 3rd and 4th years of medical school, I spent two years teaching high school science in Pine Ridge, South Dakota, where I also coached the archery team. I moved to Seattle for residency, followed by a chief resident year at UWMC. My fiancé Dave and I live in North Seattle with our two dogs, Koda and Allie, and we spend as much time as possible snowboarding and adventuring in the mountains.

Mike Morcos
I completed my undergraduate, medical school, and residency at the University of Washington. Within the field of cardiology, I plan to pursue an academic career in cardiovascular imaging and focusing on medical education. Outside of medicine, I enjoy
running, cooking, traveling and experiencing different cuisines and cultures.

**Jerry Nnanabu**  
Hi! My name is Jerry and I was born in Tacoma, Washington and grew in the south Puget Sound region. For college, I left the Pacific Northwest and headed east to New Jersey, where I studied Evolutionary Biology at Princeton University. Afterwards, I moved to Philadelphia, where I spent a year serving as a teacher and mentor for ninth grade students through the City Year AmeriCorps program. I completed Medical School in New England at Brown University. Since then, I’ve been in the South Side of Chicago for residency at the University of Chicago. I am a huge Seahawks fan, and besides watching sports, I enjoy travelling around the world, working out, meditation & mindfulness, a variety of music including smooth jazz and anything Michael Jackson, as well as fine dining. I am very excited to finally return home to Seattle and see what this next chapter has to offer. I look forward to meeting and working with you all.

**Saate Shakil**  
Saate was born in Dhaka, Bangladesh, and grew up in a number of countries and states. She completed medical school at Albert Einstein in the Bronx, New York, and her residency training at University of California San Francisco. Her interests within Cardiology relate to global health and using low-cost technology to improve cardiac diagnostics in resource-limited settings. In her free time, she enjoys swimming laps and planning her next journey abroad.

**Susan Yang**  
Susan grew up in Novi, Michigan and completed her undergraduate studies at the University of Michigan, where she majored in chemistry. She became interested in clinical medicine after conducting research in neurosurgery and cardiology. While attending medical school at the University of Pennsylvania, she found her passion in caring for cardiology patients. Susan continued her training at Vanderbilt University and explored the various fields within cardiology in more depth through research. Currently, she is most interested in interventional cardiology and studying the role and outcomes of interventions in coronary artery disease. In her spare time, Susan enjoys baking, cooking, hiking, and traveling. Susan is excited to start fellowship at the University of Washington and explore everything the Pacific Northwest has to offer!

**Second Year Fellows**

**Robert Colbert**  
Rob was born and raised in the beautiful city of Minneapolis. He crossed the border to the other UW (Madison) for undergrad. He spent six months studying abroad in Madrid, Spain where he developed his love for traveling. After graduating, he decided to continue exploring the world and spent another six months volunteering in Cusco, Peru. Life in the Andes was incredible, but he decided to return home to his family and friends for medical school. After a brief stint in Nashville for residency, Rob and his wife got married in San Francisco and then moved to Seattle where they have enjoyed all of the amazing outdoor activities that the PNW has to offer. Their son was born during the first year of fellowship and they have been enjoying the roller coaster ride of new parent life, with outstanding help from the program!

**Kyle Feller**  
I completed my residency training in internal medicine at the University of Washington and am
excited to stay on board for my cardiology fellowship. I received my undergraduate degree from Villanova University and subsequently moved to Boston where I received both a Masters and MD from Boston University. In my free time, I enjoy spending time with my family and friends and exploring the wonderful Pacific Northwest.

**Fima Macheret**
Fima Macheret trained in Biochemical Engineering at the University of Southern California, studied clinical and translational research science during medical school at Mayo Clinic, and completed Internal Medicine Residency at New York Hospital - Weill Cornell Medical Center. He has studied proBNP and its role in heart failure and hypertension, adiponectin and its association with atrial fibrillation, and most recently machine learning algorithms to predict survival in heart failure. He was a hospitalist at University of Pennsylvania and UC San Diego while completing board certification in clinical informatics with an emphasis on handoff design and implementation. He chose UW because of its strong clinical training paired with support to pursue a research career. He is happily married to his wife Ali Mendelson, a Palliative Care physician at UW. They have a Tibetan Spaniel named Biscuit. Fima enjoys yoga, spinning with the #UWCardiacSquad on Peloton, travel, photography, food/nutrition, and nature.

**Fitsumberhan (Fitz) Medhane**
Fitsumberhan (Fitz) completed medical school Suma Cum Lade from Addis Ababa University and MPH in medical education from University of the Western Cape in Cape Town, South Africa. He moved to the United States and pursued residency at Albert Einstein College of Medicine in New York. He is interested in general cardiology and cardiovascular imaging. He is also excited about pursuing cardiovascular disease and global health research in an effort towards improving cardiovascular health, reducing disparities and protection against global threats given the increasing burden of cardiovascular diseases and UW cardiology is a great starting point for this important endeavor.

Hobbies: Into photography mostly focusing on architecture and landscape and now increasing interest in portraits. He also enjoys the outdoors for hiking and running; and Seattle is just the perfect place for that!

**Andrew Perry**
After growing up in Salt Lake City, Dr. Perry attended the University of Utah and studied physics. He graduated from Washington University in St. Louis School of Medicine and stayed in St. Louis for internal medicine residency. Dr. Perry produces a medical education podcast, AP Cardiology, which is composed of expert interviews. He enjoys skiing, cycling and playing the piano.

**Alex Taylor**
Alex grew up in Truckee, CA and attended Williams College before making his way to medical school at Northwestern University, where his research with Dr. Jyothy Puthumana focused on the aortopathy associated with bicuspid aortic valve disease. He came to the University of Washington in 2016 for his Internal Medicine residency, where he worked with Dr. Sherene Shalhub of Vascular Surgery and Dr. Rose Freeman on a descriptive study of cardiac abnormalities in patients with type B aortic dissections. His current clinical and academic interests include aortic disease, valvular heart disease and noninvasive cardiac imaging. During his first year of fellowship, he coauthored a review article with Dr. Eugene Yang highlighting
key differences between US and European guidelines for stress testing in chronic coronary syndromes. He plans to pursue a career in noninvasive cardiology with a focus on advanced echo imaging. Outside of work, Alex enjoys exploring the Pacific Northwest with his wife Sydney, taking long walks with his Golden Retriever around Green Lake and playing the clarinet.

**Jay Voit**
A native Seattlete, Jay graduated medical school at Columbia University in New York and finished his internal medicine residency at Northwestern University in Chicago. His academic pursuits are largely focused on cardiac imaging, including echo and strain, and cardio-oncology. He also has a passion for providing Spanish-language population healthcare, which he has pursued since college. The UW drew him back to Seattle with its large patient catchment zone, diverse and strong sub-specialty departments, focus on community healthcare, and close departmental culture. Outside of work you can find him staying active, consuming food/drink, and spending time with family/loved ones.

**First Year Fellows**

**Beteal (Betty) Ashinne**
Betty Ashinne completed her internal medicine training at the University of Miami/Jackson Memorial Hospital. She earned her bachelor’s and medical degree at Duke University and her master’s degree in public health at Emory University. As a native of Ethiopia, she became engaged in clinical and global health research due to her interest in addressing the growing chronic disease burden and health disparities within low- and middle-income countries. She has clinical and public health research experience in Washington DC, North Carolina and Florida, as well as abroad in Costa Rica, Tobago, India, Uganda and Ethiopia. In the future, she plans to pursue a career in global cardiovascular health, so as to bridge the gap between clinical cardiology and public health initiatives.

**Sean Bell**
With a longstanding passion for preventative care, collaborative learning, and mentorship, Sean is currently pursuing a career in cardiology that encompasses these values personally and professionally. When he is not at the bedside with patients, families, and his team, he capitalizes on his downtime to catch up on extra reading, mostly cardiology journals and reports (though sometimes the occasional mystery novel) or facilitates ongoing research for the interventional cardiology department. To complement his work, Sean finds balance with exercise, exploring the Pacific Northwest, and experimenting food-wise with the aid of the Flavor Matrix.

**Lee Bockus**
Lee grew up in Oklahoma City, where the rest of his family still lives today. He met his wonderful wife Mia, who is from North Carolina, during college at the University of Richmond. After graduating, they decided to begin their careers in Oklahoma, where Lee completed physician scientist training at the University of Oklahoma. During his residency at Stanford, they fell in love with the West Coast – they are avid hikers, kayakers, and scuba divers, all of which they are very excited to explore in the PNW!
Matthew Huber
Originally from Gainesville, Florida, Matt attended the University of Florida College of Medicine for his undergraduate medical education. He then moved to Seattle to complete his internal medicine residency at the University of Washington. He is elated to stay at this institution for his general cardiology fellowship. His clinical interests are still undefined, but is most intrigued by advanced heart failure/ transplantation and interventional cardiology. Outside of medicine, Matt enjoys alpine skiing, mountain biking, and cycling.

Aris Karatasakis
Aris was born in Athens, Greece, and completed his medical training in Prague, where he met his wife Barbara. They made the leap to the US where he pursued a research fellowship in cardiology at UT Southwestern, where his passion for clinical/outcomes research was kindled! Barbara and Aris were fortunate enough to couples-match at Rutgers for residency, and we are both extremely excited to be moving to UW to further our careers and explore the Pacific Northwest. In his spare time, Aris loves swimming, cycling, and running (sometimes in rapid succession), hiking, and enjoying good food with Barbara and our Border Collie, Luna.

Douglas Leedy
A native of Washington State, Doug attended medical school at Tulane in New Orleans before returning home to the University of Washington for internal medicine residency and staying for a Chief Resident year. Doug enjoys all that the Pacific Northwest has to offer (skiing, hiking, fishing, etc) and spending time with friends and family.

Jacob Mayfield
Jacob (Jake) Mayfield was born and raised in the oil country of rural New Mexico, near the Navajo Nation. He inherited his artist mother’s zeal for the creative, and in his sophomore year of high school, he founded a youth art and literature magazine after receiving nearly $20,000 in grants. Despite his love of art, his true passion was science. Jake was his high school class’s first openly gay student, an experience that fuels his passion for health equity.

After his father was diagnosed with terminal cancer his senior year, Jake decided to attend university in-state. During college, he served as a peer mentor, was the PR director for the Associated Students, was an active member of Aggies for Feminism, maintained cells in a research laboratory, and learned to program.

During medical school at the University of New Mexico, Jake found a calling in academic medicine, and led a multi-year LGBTQ curriculum renewal project, conducted a productive research program, and served on the medical student promotions committee. He was elected to AOA his senior year. At graduation he was awarded the Gold-Headed Cane Award, the Alumni Award for Leadership, and the Internal Medicine Clerkship Award. During residency at UCSF, Jake came to love electrocardiography, and regularly published educational papers on the topic in addition to conducting research in the fields of pulmonary hypertension, genetic cardiomyopathies, and machine learning. He was nominated for the Julius R. Krevans Award at Zuckerberg San Francisco General Hospital. Outside of medicine, Jake enjoys hiking, running, reading, and an occasional craft beer.

Taufiq Salahuddin
After being born in Iran and living in Bangladesh until he was 3, his family moved to US with
brief stints in Cleveland and eastern Kentucky before he grew up a Tar Heel in North Carolina. Taufiq went to UNC Chapel Hill for undergrad and Wake Forest for medical school. During medical school he spent a year in the NIH Medical Research Scholars Program (best year ever!) in Bethesda, MD with NHLBI. He then moved to Colorado for residency and completed a research year at the Rocky Mountain Regional VA (broadly, his research interest is in preventive cardiology) before heading to Seattle for cardiology fellowship.

He fell in love with the PNW after an Outward-Bound sea kayaking and mountaineering expedition in the San Juan’s and North Cascades while in college. His hobbies include photography, hiking, backpacking, and skiing.

**Tomio Tran**
Tomio Tran is a die-hard Husky, attending undergraduate and medical school at the University of Washington. He took a brief hiatus from the rain to complete his internal medicine residency in sunny Colorado, but is ecstatic to return home for cardiology fellowship. His clinical interests include advanced heart failure, cardiac imaging, and cardiogenic shock. In his free time, Tomio enjoys spending time with his wife and dog, outdoor endeavors, and cooking.

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<tr>
<th>Year Graduated</th>
<th>Name</th>
<th>Additional Training/Activities</th>
<th>Current Activity</th>
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<tbody>
<tr>
<td>2020</td>
<td>Andrew Harris</td>
<td>Co-Chief Fellow</td>
<td>University of Michigan, Faculty</td>
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<tr>
<td></td>
<td>Akash Kataruka</td>
<td></td>
<td>University of Washington, Faculty</td>
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<tr>
<td></td>
<td>Christian Ngo</td>
<td>Co-Chief Fellow, Electrophysiology Fellowship</td>
<td>University of Washington, WA</td>
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<td></td>
<td>Hailu Tilahun</td>
<td></td>
<td>Virginia Mason, Seattle, WA</td>
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<td></td>
<td>Jasleen Tiwana</td>
<td></td>
<td>University of Washington, Faculty</td>
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<tr>
<td></td>
<td>Logan Vincent</td>
<td>Interventional Fellowship</td>
<td>University of Washington</td>
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<tr>
<td>2019</td>
<td>Billy Chen</td>
<td>Advanced Imaging Fellowship (20-21)</td>
<td>Hospitalist, University of WA</td>
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<td></td>
<td>Amy Cheney</td>
<td>Co-Chief Fellow, ICARD fellowship</td>
<td>Interventional Fellowship, UW</td>
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<td></td>
<td>David Lam</td>
<td>Co-Chief Fellow</td>
<td>Swedish Heart Institute, WA</td>
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<td>Vidang Nguyen</td>
<td>AHFTC fellowship 2019, Cedars Sinai</td>
<td>Providence Health, Portland OR</td>
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<td></td>
<td>Hans Huang</td>
<td></td>
<td>Kaiser Permanente, Sacramento, CA</td>
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<td></td>
<td>Katie Dawson</td>
<td>ICARD fellowship UW, Seattle, WA</td>
<td>Interventional Fellowship, UW</td>
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<td>Karman Tandon</td>
<td></td>
<td>Peace Health, Bellingham, WA</td>
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<td></td>
<td>Dennis Wang</td>
<td>AHA Post-doctoral Fellowship</td>
<td>University of Washington, Faculty</td>
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<tr>
<td>2018</td>
<td>Robin Brusen</td>
<td>Co-Chief Fellow</td>
<td>Kaiser Permanente, Seattle, WA</td>
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<tr>
<td></td>
<td>Selma Carlson</td>
<td></td>
<td>UMinnesota, Minneapolis, MN, Faculty</td>
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<tr>
<td></td>
<td>Tara Jones</td>
<td></td>
<td>ICARD fellowship UU</td>
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<td></td>
<td>Julio Lamprea</td>
<td></td>
<td>UC San Francisco, CA, Faculty</td>
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<tr>
<td></td>
<td>Song Li, MD</td>
<td>Co-Chief Fellow</td>
<td>University of Washington, Faculty</td>
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<tr>
<td></td>
<td>Enrique Zolezzi</td>
<td></td>
<td>Pulse Heart Institute, WA</td>
</tr>
<tr>
<td>Year</td>
<td>Name</td>
<td>Title</td>
<td>Institution</td>
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<tr>
<td>2017</td>
<td>Catherine Benziger</td>
<td>UW SPH MS Clinical research</td>
<td>Essentia Health, Minneapolis, MN</td>
</tr>
<tr>
<td></td>
<td>Tiffany Chen</td>
<td>Advanced Cardiac Imaging, UPennsylvania</td>
<td>University of Pennsylvania, Philadelphia, PA Faculty</td>
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<tr>
<td></td>
<td>Patrick Goleski</td>
<td>Co-Chief Fellow</td>
<td>CHI Franciscan Health, Bremerton, WA</td>
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<tr>
<td></td>
<td>James Lee</td>
<td>ICARD fellowship MidAmerica Heart, Kansas City, MO</td>
<td>Henry Ford Hospital, Detroit, MI</td>
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<td>Mariko Harper</td>
<td>Advanced Cardiac Imaging, Piedmont</td>
<td>Virginia Mason, Seattle, WA</td>
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<td></td>
<td>Rick Rossow</td>
<td>ICARD fellowship UUtah</td>
<td>Providence Health, WA</td>
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<td></td>
<td>Jill Steiner</td>
<td>Co-Chief Fellow</td>
<td>University of Washington, Faculty</td>
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<td>UW SPH MS Clinical research</td>
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<td>Sophia Airhart</td>
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<td>Jason Huang</td>
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<td>Nina Rashedi</td>
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<td>Daniel Yang</td>
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<td>University of Pennsylvania, Philadelphia, PA Faculty</td>
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<td>Christopher Greenman</td>
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<td>Mark Willcox</td>
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<td>Steven Le</td>
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<td>Joshua Busch</td>
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<td>Christopher Kurtz</td>
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<td>Luis Muñoz</td>
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<td>Joshua M. Buckler</td>
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<td>Ranjini Krishnan</td>
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<td>Wai Shun Wong</td>
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<td>Peter Sutcliffe</td>
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<td>Michael Chen</td>
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<td>Gretchen Crittenden</td>
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<td>Elizabeth Gauer</td>
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<td>Kara Urnes</td>
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<td>Dariush Mozaffarian</td>
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<td>Tufts University, Dean (Nutrition Science)</td>
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<td>Michael Caulfield</td>
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<td>Hennessey Tseng</td>
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<td>Elizabeth Gold</td>
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|
## FELLOW RESEARCH PROJECTS 2001-2020

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<td>Harris, Andrew</td>
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<td>Predictors of atrial fibrillation after lung transplantation</td>
<td>Kelley Branch, MD</td>
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<td>Covid-19 and cardiovascular disease</td>
<td>Todd Dardas, MD</td>
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<td>Kataruka, Akash</td>
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<td>Jacob Doll, MD and Chuck Maynard, MD</td>
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<td>Amyloidosis in Atrial Fibrillation</td>
<td>Carolina Masri, MD and Nazem Akoum, MD</td>
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<td>Tilahun, Hailu</td>
<td>7/19-4/20</td>
<td>Impact of Obesity on Outcomes in Subcutaneous ICD</td>
<td>Jordan Prutkin</td>
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<td>Tiwana, Jasleen</td>
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<td>Evaluation of acute coronary syndrome management in Ethiopia (sub-Saharan Africa).</td>
<td>Greg Roth, MD, and Desalew Mekonnen, MD</td>
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<td>Association of nutrition and exercise with metabolic syndrome among HIV positive and negative patients at a district hospital in Kenya.</td>
<td>Carey Farquer, MD and Stephanie Page, MD</td>
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<td>Vincent, Logan</td>
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<td>Biomass Fuel Use and Cardiac Function in Nepali Women</td>
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<td>Transcatheter mitral valve registry: clinical outcomes</td>
<td>Jamie McCabe, MD</td>
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<td>Evaluation of TAVR outcomes in patients with cardiogenic shock, heart failure, and patient’s requiring transfer between hospitals for management from 2011-2014.</td>
<td>Vidang Nguyen, MD and James McCabe, MD</td>
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<td>Safety in the Cardiac Catheterization Lab: Fetal Dosimetry Study</td>
<td>Kathleen Kearney, MD and MS</td>
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### 2019

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<td>Chuck Murry, MD</td>
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<td>Cheney, Amy</td>
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<td>Emerging from the Shadows – a series on the use of pressurized cadaver models to guide structural</td>
<td>Mark Reisman, MD</td>
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<td>Dawson, Katie</td>
<td>1st in Cadaver: Diagnostic and Interventional Cardiology Skills Simulation</td>
<td>Creighton Don, MD, Mark Reisman, MD</td>
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<td>Iatrogenic mitral valve chordal rupture after percutaneous Impella placement managed with percutaneous edge to edge repair (Planned submission: JACC Interventional Imaging)</td>
<td>Creighton Don MD, Mark Reisman MD</td>
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<td>Axillary access for percutaneous intervention procedures</td>
<td>Jamie McCabe, MD</td>
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<td>Outcomes in transcatheter aortic valve replacement in patients with a small aortic annulus and an assessment of transcatheter aortic valve patients with low coronary ostia.</td>
<td>Danny Dvir, MD and Creighton Don, MD</td>
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<td>An echocardiographic assessment of left ventricle location in parturients – an insight into cardiopulmonary resuscitation: a pilot study</td>
<td>Carlos Delgado Upegui, MD</td>
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<td>Clinical outcomes relative to percutaneous intervention stent sizing and IVUS</td>
<td>Bill Lombardi, MD</td>
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<td>Appropriate use of Stress Testing in New Cardiology Referrals for Chest Pain or Angina by Cardiologists</td>
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<td>Multi-Ethnic Study of Atherosclerosis – Assessing bone mineral density loss as a predictor of vascular calcification using CT. Mavacamten in HOCM sub-PI on phase 2/3 trials of Mavacamten (negative inotrope) in HOCM</td>
<td>Kelley Branch, MD, and Kevin O’Brien, MD</td>
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<td>10/18-6/19</td>
<td>Sterile Inflammation and mitochondrial dysfunction in heart failure</td>
<td>Kevin O'Brien, MD, Rong Tian, MD, April Stempien-Otero, MD and David Dichek, MD</td>
<td>Institute of Health Sciences Catalyst Award</td>
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<td>Preoperative Nicotinamide Riboside Supplementation in Elective LVAD Patients</td>
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<td>Patterns, Predictors and outcomes of antiplatelet use in patients undergoing CTO PCI: Insights from the OPEN CTO registry</td>
<td>Ravi Hira, MD</td>
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<td>Lamprea, Julio</td>
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<td>The dyslipidemia of ESRD: role of triglyceride rich-lipoproteins and association with cardiovascular events</td>
<td>Ian DeBoer, MD</td>
<td>American Heart Association</td>
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<td>Li, Song</td>
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<td>1) Identification of novel risk factors for heart failure readmissions and predictive model development. 2) Application of the Seattle Heart Failure Model in predicting mortality in patients discharged following acute heart failure hospitalization</td>
<td>1) Todd Dardas, MD 2) Wayne Levy, MD</td>
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<td>Steiner, Jill</td>
<td>2/29/2016 – 2/28/17</td>
<td>Palliative care of ACHD patients</td>
<td>James Kirkpatrick, MD</td>
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<td>Wang, Dennis</td>
<td>7/1/2016-18</td>
<td>Mitochondrial Dysfunction in Heart Failure, a Target for Therapeutics?</td>
<td>Rong Tian, PhD</td>
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<td>Zolezzi, Enrique</td>
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<td>Temporal Changes in the complexity of PCI in the NCDR CATH PCI Registry from 2007-2014</td>
<td>Creighton Don, MD, PhD</td>
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2017

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<td>Benziger, Katie</td>
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<td>PRISMA-style systemic review on the global burden of bradyarrhythmias in collaboration with the Global Burden of Disease study at the Institute for Health Metrics and Evaluation</td>
<td>Greg Roth, MD</td>
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<td>Brusen, Robin</td>
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<td>1) Get Going Trial 2) Wearable multimodality patient monitor</td>
<td>1) Michael Chen, MD 2) David Linker, MD</td>
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<td>Carlson, Selma</td>
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<td>1) Diagnostic and Treatment Capacity for Heart Failure in Sub-Saharan Africa: an Analysis of Uganda and Kenya 2) Limited supplies of antihypertensive medications in primary care settings in three African countries</td>
<td>1) Greg Roth, MD 2) David Watkins, MD, Herbie Duber, MD, and Greg Roth, MD</td>
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<td>Chen, Billy</td>
<td>5/1/15 – 6/30/16</td>
<td>Human Embryonic Stem Cell-Derived Cardiomyocytes Restore Function in Infarcted Hearts of Non-Human Primates</td>
<td>Chuck Murry, PhD</td>
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<td>Chen, Tiffany</td>
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<td>Pulmonary Hypertension in TAVR</td>
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<td>Goleski, Patrick</td>
<td>5/1/15 – 6/30/16</td>
<td>Predicting Successful Strategies for Hybrid Percutaneous Revascularization of Coronary Chronic Total Occlusions</td>
<td>Jamie McCabe, MD</td>
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<td>Airhart, Sophia</td>
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<td>Novel Nutritional Therapy for Mitochondrial Dysfunction in Systolic Heart Failure</td>
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<td>Huang, Jason</td>
<td>7/1/15 – 6/30/16</td>
<td>AF Burden Before and After LVAD Implantation</td>
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<td>Kearney, Kate</td>
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<td>1. PCI Operator Attributable Harm in the NCDR CathPCI database</td>
<td>1. James McCabe, MD</td>
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<td>2. Coronary angiogram findings in post-cardiac arrest patients</td>
<td>2. Francis Kim, MD</td>
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<td>Ortega, Juan</td>
<td>9/2015–6/2016</td>
<td>Development of a Universal Donor Embryonic Stem Cell for Cardiac Regeneration</td>
<td>W. Robb MacLellan, MD</td>
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<td>Patel, Shalin</td>
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<td>1. Implementation of same day EP procedural discharges</td>
<td>1. Kristine Patton, MD</td>
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<td>2. Implementation of appropriate discharge planning for post ACS Low LVEF patients</td>
<td>2. Jeanne Poole, MD</td>
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<td>Rashedi, Nina</td>
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<td>Aortic Valve Stenosis and Outcomes in the Cardiovascular Health Study</td>
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<td>Bravo, Paco</td>
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<td>Etiology of Sudden Circulatory Arrest and the Impact of Early Comprehensive Computed Tomography on Post- Arrest Management and Outcome: A Pilot Study</td>
<td>Kelley Branch, MD</td>
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<td>Greenman, Chris</td>
<td>7/1/14-6/30/15</td>
<td>Determinants and Significance of Left Ventricular Systolic Dysfunction in Acute Myelogenous Leukemia Patients.</td>
<td>Pamela Becker, MD, PhD</td>
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<td>Patel, Aneet</td>
<td>7/1/14-6/30/15</td>
<td>Knowledge based 3D right ventricular ejection fraction versus standard echocardiographic function assessment to predict right ventricular failure after left ventricular assist device implantation</td>
<td>Florence Sheehan, MD</td>
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<td>Vitello, Andrea</td>
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<td>Clinical and Pathologic Predictors of Ventricular Arrhythmias in Advanced Heart Failure Patients Requiring Left Ventricular Assist Device Support</td>
<td>April Stempien-Otero, MD Melissa Robinson, MD</td>
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<td>Willcox, Mark</td>
<td>7/1/14-6/30/15</td>
<td>Additive Utility of Makers of Cardiac Calcification in Cardiovascular Risk Assessment and Prediction: Beyond Framingham Risk Factors</td>
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<td>Dardas, Todd</td>
<td>7/1/13-6/30/15</td>
<td>Priorities for Resource Allocation among Patients with Advanced Heart Failure</td>
<td>Wayne Levy, MD</td>
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<td>Farris, Steve</td>
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<td>Specific Pathways and the Role of Plasmin in Cardiac Macrophage-Induced Fibroblast Activation in Human Cardiac Fibrosis</td>
<td>April Stempien-Otero, MD</td>
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<td>Ghobrial, Joanna</td>
<td>7/1/13-6/30/14</td>
<td>Sudden Cardiac Death in African Americans</td>
<td>Nona Sotoodehnia, MD</td>
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<td>Mathew, Jehu</td>
<td>7/1/13-6/30/14</td>
<td>Altered Mineral Metabolism and Incident Atrial Fibrillation</td>
<td>Ian deBoer, MD</td>
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<td>Oscar Gonzalez</td>
<td>7/1/10-6/30/12</td>
<td>Endothelial Acyl-CoA Synthetase 1 is not Required for Inflammatory and Apoptotic Effects of a Saturated Fatty Acid-Rich Environment</td>
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<td>Goldman, Todd</td>
<td>7/1/12-6/30/13</td>
<td>Can an aerobic exercise training program in patients with ICDs for secondary prevention of sudden cardiac arrest improve cardiac autonomic activity and reduce the frequency of ventricular arrhythmias?</td>
<td>Cynthia Dougherty ARNP, Wayne C. Levy, MD, Jordan Prutkin, MD</td>
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<td>Kesarwani, Manoj</td>
<td>7/1/10-6/30/13</td>
<td>Evaluation of Plaque Morphology by Optical Coherence Tomography and Serum Markers in Non-Occlusive Segments of Coronary Arteries</td>
<td>Kelley Branch, MD, Creighton Don, MD, Xue-Qiao Zhao, MD</td>
<td>Cardiovascular Research Training Program NIH T32</td>
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<td>Moussavi-Harami, Farid</td>
<td>7/1/09-6/30/13</td>
<td>2-Deoxy adenosine triphosphate improves contraction in human end-stage heart failure.</td>
<td>Michael Chin, MD</td>
<td>Cardiovascular Research Training Program NIH T32</td>
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<td>Mignone, John</td>
<td>7/1/08-6/30/13</td>
<td>Transcriptional profiling of human embryonic stem cells undergoing cardiac directed differentiation</td>
<td>Charles Murry, MD</td>
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<td>Zaragoza-Macias, Elisa</td>
<td>7/1/10-6/30/13</td>
<td>Risk stratification of Adults with Congenital Heart Disease and Heart Failure using the Seattle Heart Failure Model</td>
<td>Wayne C. Levy, MD</td>
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<td>Dardas, Todd</td>
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<td>Improvement in skeletal muscle mitochondrial function following left ventricular assist devices</td>
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<td>Hong, Jaekyoung A.</td>
<td>7/1/09-6/30/12</td>
<td>Evaluation of gender difference in atherosclerotic plaque composition by MRI. A sub-study of the Carotid Plaque Composition (CPC) Study.</td>
<td>Xue-Qiao Zhao, MD</td>
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<td>Le, Steven K.T.</td>
<td>7/1/09-6/30/12</td>
<td>Will Carotid Intima-media Thickness (CIMT) Continue to Improve after Long-term Lipid Therapy? – A Carotid Ultrasound Study in FATS 20-year</td>
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<td>Linefsky, Jason</td>
<td>7/1/08-6/30/12</td>
<td>Association of mineral metabolism biomarkers with aortic valve sclerosis and mitral valve calcification</td>
<td>Stephan D. Fihn, MD</td>
<td>Department of Veterans Affairs, Health Services Research and Development</td>
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<td>Madan, Pankaj</td>
<td>7/1/09-6/30/12</td>
<td>Effect of Intensive Lipid Modification Therapy on Carotid Atherosclerotic Plaque</td>
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<td>Bradley, Steven L.</td>
<td>7/1/07-6/30/11</td>
<td>&quot;Appropriateness of Percutaneous Coronary Interventions&quot;; &quot;Missed Opportunities for Pharmacologic Risk Reduction in Ischemic Heart Disease&quot;</td>
<td>Stephan D. Fihn, MD</td>
<td>Department of Veterans Affairs, Health Services Research and Development</td>
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<td>Busch, Joshua L.</td>
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<td>Cardiac Computed Tomography, Integrated Perfusion and Angiography</td>
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<td>Do, Rose Q.</td>
<td>7/1/08-6/30/11</td>
<td>Defining the Role of Nitrite in Resuscitation from Cardiac Arrest</td>
<td>Francis Kim, MD</td>
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<td>Hanna, Ramy L.</td>
<td>7/1/08-6/30/11</td>
<td>Repolarization Parameters and Arrhythmia Vulnerability in the Sudden Cardiac Death in Heart Failure Trial</td>
<td>Jeanne E. Poole, MD</td>
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<td>Moorman, Alec J.</td>
<td>7/1/08-6/30/11</td>
<td>The Seattle Heart Failure Model and Geographic Variation in Heart Failure Hospitalizations</td>
<td>Wayne C. Levy, MD</td>
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<td>Pacini, Eric L.</td>
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<td>Non-invasive guidance of catheter ablation of atrial flutter utilizing the surface electrocardiogram</td>
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<td>Shadman, Ramin</td>
<td>7/1/08-6/30/11</td>
<td>The Prognostic Value of Electrocardiographic Parameters in Congestive Heart Failure: Analysis of the SCD-HeFT Trial</td>
<td>Jeanne E. Poole, MD</td>
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<td>Kurtz, Christopher</td>
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<td>Characterizations of right ventricular shape and function in pulmonary hypertension with 3D – Echocardiography.</td>
<td>Florence H. Sheehan, MD</td>
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<td>Muñoz, Luis</td>
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<td>Lp-PLA2 as a marker for high risk coronary plaques and increase risk for cardiovascular events post PCI</td>
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<td>Sinha, Abhishek (Abhi)</td>
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<td>Comparing carotid MRI to carotid ultrasound in assessment of atherosclerosis change in response to lipid therapy</td>
<td>Xue-Qiao Zhao, MD</td>
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<td>Aoukar, Pierre</td>
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<td>Effects of Long-term Therapy with LDL-lowering plus HDL-raising on Carotid Intima-Media Thickness (CIMT) – Familial Atherosclerosis Treatment Study 20-year Observational Study (FATS-OS)</td>
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<td>Buckler, Joshua M.</td>
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<td>Apo A-1 Gene Therapy</td>
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<td>Insulin Sensitivity and Vascular Reactivity in Oral vs. Patch Hormone Therapy</td>
<td>Robert H. Knopp, MD</td>
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<td>Krieger, Eric</td>
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<td>The effects of omega-3 fatty acids on exercise efficiency in the metabolic syndrome: A randomized double blind placebo controlled pilot study</td>
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<td>Melford, Ryland (Trey) E.</td>
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<td>Antiplatelet Therapy for High-Risk Percutaneous Coronary Intervention: Is P2Y12 Receptor Blockade Adequate?</td>
<td>Kenneth G. Lehmann, MD</td>
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<td>Owens, David S.</td>
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<td>Determinants of Aortic Valve</td>
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<td>Phan, Binh An P.</td>
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<td>Direct Assessment of Carotid Plaques Using Contrast-Enhanced Carotid MRI</td>
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<td>Subclinical Left Ventricular Diastolic Dysfunction and Incident Cardiovascular Disease in the Cardiovascular Health Study</td>
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<td>Baer, Jefferson T.</td>
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<td>Mechanistic Evaluation of the Anti-Inflammatory Properties of HDL as Assessed by Shotgun Proteomics</td>
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<td>Blatt, Joseph A.</td>
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<td>Utility of Defibrillation Threshold Testing in the Sudden Cardiac Death in Heart Failure Trial</td>
<td>Jeanne E. Poole, MD</td>
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<td>Don, Creighton W.</td>
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<td>Clopidogrel Dosing for NSTEMI Patients and Radial Versus Femoral Access for PCI in ACS Patients</td>
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<td>Comparison of Coronary Calcium Scoring Between Non-Contrast and Contrast-Enhanced Coronary Computed Tomographic Images</td>
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<td>Krishnan, Ranjini</td>
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<td>Role of uPA in Accelerated Atherosclerosis</td>
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<td>Prutkin, Jordan P.</td>
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<td>Electrocardiographic Predictors of Mortality in the Sudden Cardiac Death in Heart Failure Trial</td>
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<td>Ravindran, Bipin K.</td>
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<td>Positron Emission Tomography Imaging of Atrial Muscarinic Receptors</td>
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<td>Strote, Justin A.</td>
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<td>Role of Urgent Angiography in Patients with Sudden Death</td>
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<td>Utilization of Magnetic Resonance Imaging for Coronary Artery Plaque Characterization</td>
<td>Chun Yuan, PhD</td>
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<td>Chen, Kent Y.</td>
<td>7/1/03-6/30/07</td>
<td>Cellular Therapies for Myocardial Infarct Repair</td>
<td>Charles E. Murry, MD, PhD</td>
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<td>Scholnick, Joshua D.</td>
<td>7/1/04-6/30/07</td>
<td>MRI Surveillance of Coronary Bypass Graft Stenosis</td>
<td>Chun Yuan, PhD</td>
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<td>Strote, Justin A.</td>
<td>7/1/04-6/30/07</td>
<td>Role of Urgent Angiography in Patients with Sudden Death</td>
<td>Leonard Cobb, MD, Francis Kim, MD</td>
<td>Medic One Foundation</td>
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<td>Wong, Wai Shun</td>
<td>7/1/04-6/30/07</td>
<td>Effect of Multiple ICD Shocks on Mortality in the Sudden Cardiac Death in Heart Failure Trial</td>
<td>Jeanne E. Poole, MD</td>
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<td>Chen, Michael A.</td>
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<td>Perioperative Beta Blockade in Patients Undergoing Surgery for Acute Hip Fracture</td>
<td>Itamar Abrass, MD</td>
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<tr>
<td>Chung, Kiyon</td>
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<td>Prevention of Sudden Cardiac Death</td>
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<td>Paramsothy, Pathmaja (Bobbie)</td>
<td>7/1/02-6/30/05</td>
<td>The Effects of Omega-3 Fatty Acids on Endothelial Function in the Metabolic Syndrome</td>
<td>Robert H. Knopp, MD</td>
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<td>Tabibiazar, Ramin</td>
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<td>The Effects of Beta Blockers on Regional Pre- and Post-Synaptic Sympathetic Nervous System in Patients with Congestive Heart Failure</td>
<td>James H. Caldwell, MD</td>
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<td>Urnes, Kara K.</td>
<td>7/1/02-6/30/05</td>
<td>Use of a Three-Dimensional Cardiac Imaging Simulator for Training and Competency Assessment in Echocardiography</td>
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<td>Stout, Karen K.</td>
<td>7/1/00-6/30/03</td>
<td>Functional Mitral Regurgitation: Does Form Follow Function?</td>
<td>Florence J. Sheehan, MD</td>
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<td>Willems, James P.</td>
<td>7/1/00-6/30/03</td>
<td>Cholesterol Management Among VA Patients with Coronary Artery Disease</td>
<td>Nathan Every, MD</td>
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<td>Aikawa, Keiko</td>
<td>7/1/99-6/30/02</td>
<td>The Effects of Natural Progesterone versus Medroxyprogesterone Acetate on Endothelial Function and Serum Lipoproteins</td>
<td>Robert H. Knopp, MD</td>
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<td>Caulfield, Michael T.</td>
<td>7/1/99-6/30/02</td>
<td>Lipoprotein/Proteoglycan Interactions in Restenosis</td>
<td>Kevin O’Brien, MD</td>
<td>Society of Geriatric Cardiology</td>
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<td>Gold, Elizabeth S.</td>
<td>7/1/97-6/30/02</td>
<td>Macrophage-Mediated Immunity to Salmonella Infection</td>
<td>Alan A. Aderem, Ph.D.</td>
<td>American Heart Association NIH: Cardiovascular Research Training Program</td>
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<td>Minami, Elina</td>
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<td>Myocardial Infarct Repair: Effects of Stem Cell Grafting and Accelerated Angiogenesis</td>
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<td>Mozaffarian, Dariush</td>
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<td>Cardiac Effects of Fish Consumption</td>
<td>David S. Siscovick, MD</td>
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<td>Wu, Audrey H.</td>
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<td>Predictors of Repeat Revascularization within One Year after Initial Percutaneous Coronary Intervention</td>
<td>Xue-Qiao Zhao, MD</td>
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<td>Shavelle, David M.</td>
<td>7/1/98-6/30/01</td>
<td>Lipid Retention and Inflammation Play a Role in the Pathogenesis of Aortic Sclerosis</td>
<td>Kevin D. O'Brien, MD</td>
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<td>Tseng, Hennessey</td>
<td>7/1/98-6/30/01</td>
<td>Beta-Receptor Imaging</td>
<td>James H. Caldwell, MD</td>
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UW CARDIOLOGY FELLOW PUBLICATIONS

2020

Dave Elison
Elison DM, McConnaughey S, Freeman RV, Sheehan FH. Focused cardiac ultrasound training in medical students: Using an independent, simulator-based curriculum to objectively measure skill acquisition and learning curve. Echocardiography. 2020

Andrew Harris


Harris AW, Dardas T, Li K, Kirkpatrick JN. Pre-operative left ventricular end-systolic volume, not diastolic dysfunction, is associated with left ventricular systolic dysfunction after liver transplant. American College of Cardiology Scientific Sessions, 2020 March, Chicago (poster)

Akash Kataruka


Sophie Larson


Alex Taylor


Hailu Tilahun


Logan Vincent

Susan Yang

2019
Amy Cheney

Akash Kataruka


Sophie Larson


Christian Ngo


Version August 7, 2020

Jerry Nnanabu


Saate Shakil


Jasleen Tiwana


Logan Vincent


Tiffany Chen


2018

Amy Cheney


Dave Elison

Andrew Harris


Akash Kataruka


Shannon McConnaughey


2017

Katie Benziger


Benziger, CP, GA Roth, AE Moran. The Global Burden of Cardiovascular Disease. Hurst’s the Heart, 14th edition


Robin Brusen


Selma Carlson


Tiffany Chen


Chen T, Jones TL, and Krieger EV. "21-year-old with exertional dyspnea." Heart. 2017
Hans Huang


James Lee


Desai M; Schoenhagen P; Lee J. “Valvular Heart Disease: A Companion to Braunwald's Heart Disease, 5th Edition,” (Chapter 13).

Song Li


Vidang Nguyen


Jill Steiner

Steiner JM, Cooper S, Kirkpatrick JN. Palliative Care in Advanced Valvular Heart Disease. Heart. Steiner J; Lee J. “Workflow Improvement for Inpatient Cardioversions at the University of Washington.” HOUSE. Journal of the University of Washington Housestaff Quality and Safety Committee. Steiner JM, Beckman J, Cooper S. Hope for the best, plan for the worst: integrating palliative care in mechanical circulatory support. September 2016 ISHLT Newsletter.

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Karman Tandon

Rick Rossow
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2016

Sophia Airhart


Katie Benziger


Tara Jones

2015

Sophia Airhart

Kate Kearney

Katie Benziger


Tara Jones
Robin Brusen

Mariko Harper

James Lee

Song Li

2014

Sophia Airhart


Katie Benziger

Patrick Goleski

Jason Huang
Nina Rashedi
Nina Rashedi, Catherine Otto; When Should We Operate in Asymptomatic Severe Aortic Stenosis Feb 2015; http://www.acc.org/latest-in-cardiology/articles/2015/02/04/14/49/when-should-we-operate-in-asymptomatic-severe-aortic-stenosis


Jill Steiner

Julio Lamprea

James Lee


Farid Moussavi-Harami

2013

Kate Kearney
Jason Huang

Ivan Medvedev


Farid Moussavi-Harami


Shalin Patel


Nina Rashedi


2012

Paco Bravo, MD


Oscar Gonzalez, MD


Christopher Greenman, MD

Aneet Patel, MD

Andrea Vitello, MD

2011

Stephen Farris, MD

Joanna Ghobrial, MD

Jehu Mathew, MD


Mathew J, Katz R, St. John Sutton M, Dixit S, Gerstenfeld E, Gold M, Linde C, Shlipak M, Deo R. Chronic Kidney Disease and Cardiac Remodeling in Patients with Mild Heart Failure: Results from the RESynchronization reVERses Remodeling in Systolic Left vEntricular Dysfunction (REVERSE) Study. (In review)

Zachary Steinberg, MD


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Todd Dardas, MD, MS


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Todd Goldman, MD


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**Elisa Zaragoza-Macias, MD**


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**Andrew Cheng, MD**

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Kim MS, Hong JA, Dean LS. Cardiogenic shock. *Interventional Cardiology* 2012.

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2008

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Rose Q. Do, MD


Ramy Hanna, MD
RL Hanna, M Chen, E Gill; Cor Triatriatum Evaluated by Real Time 3D TEE. Echocardiography, E1-E4, February 2011.

Jason Linefsky, MD


Alec Moorman, MD


Eric Pacini, MD
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Ramin Shadman, MD

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Steven M. Bradley, MD


Ho PM, Bradley SM. In a heartbeat: Decreasing in-hospital time to defibrillation. *Arch Intern Med,* 2009; 169:1260-1261.


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John Mignone, MD


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Triller M; Shadzi P; Munoz L; Moore, AB; Smith R; Brown BG; Zhao XQ; Effectiveness of combination therapy with ezetimibe/simvastatin plus niacin on achieving more aggressive lipid treatment targets in Familial Atherosclerosis Treatment-Observational Study (FATS-OS), ATVB scientific session 2010, San Francisco, CA.

Joan Susie Woo, MD

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Jay Chen, MD


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Hui-San Chung, MD

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Joshua M. Buckler, MD


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Jordan M. Prutkin, MD, MSc


